Hafa Adai!

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3 NMC nursing graduates pass NCLEX-RN. PAGE 2

Man placed on $50K bail after police raid. PAGE 4

$1

CPA eyes 2 airlines for inter-island service

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

The Commonwealth Ports Authority has identified two possible inter-island air service providers in the wake of CPA's current dispute with Star Marianas Air, Inc. who has announced possible suspension of flights come October should their issues not be resolved.

During a special board meeting last week, CPA board members moved for CPA to look for alternative airlines to provide inter-island air service for the CNMI pursuant to "threats" made by Star Marianas to terminate air service should their issues with CPA

See CPA on Page 4

KIMBERLY B. ESMORES

Commonwealth Ports Authority board chair Joe Ayuyu during the CPA special board meeting last week.

Lawmaker calls for oversight investigation into DFEMS

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

Accusing the department of budget mismanagement, Sen. Dennis Mendiola (R-Rota) is asking the Senate Committee on Judicial, Government, and Law to launch an oversight investigation into the Department of Fire and Emergency Medical Services.

Mendiola

Last Monday, through a letter to Committee on Judicial, Government, and Law chair Sen. Karl King-Nabors (R-Tinian), Mendiola formally requested an oversight investigation into the operations

See DFEMS on Page 4

RACQUEL FLOYD

From left, Delegate Gregorio Kilili C. Sablan (D-MP), House Speaker Edmund Villagomez (Ind-Saipan), Reps. Angelo Camacho (Ind-Saipan), Malcolm Omar (Ind-Saipan), Ralph Yumul (Ind-Saipan), Manny Castro (Ind-Saipan), Gov. Arnold I. Palacios, Rep. Marissa Flores (Ind-Saipan), Lt. Gov. David M. Apatang, Reps. Edwin K. Propst (Ind-Saipan), Diego Vincent Camacho (D-Saipan), John Paul Sablan (D-Saipan), Diego Vincent Camacho (D-Saipan), Vincent Aldan (Ind-Saipan), and BJ Attao (Ind-Saipan) pose for a group photo after filing their candidacies at the Commonwealth Election Commission yesterday.

Independent and Democrats bets file petition for candidacies

By RACQUEL H. FLOYD
raxfloyd@gmail.com
CORRESPONDENT

The families and friends of the Independent and Democrats (INDEMS) candidates assembled outside the Commonwealth Election Commission building in Susupe yesterday at 9am to show their support for their filing of candidacies for the Nov. 5 general elections.

Rep. Edwin K. Propst (D-Saipan) officially filed his petition for U.S. delegate at 10:30am, followed by Rep. Manny Castro (Ind-Saipan), who filed his candidacy for Saipan Senate.

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Dewey pleads guilty in Indiana

By KIMBERLY B. ESMORES
kimberly_esmores@saipantribune.com
REPORTER

The sexual misconduct case against Charles Lee Dewey III (alias Carter Widmor when he hid from authorities on Saipan) has come full circle with Dewey pleading guilty to charges filed against him to include two counts of sexual misconduct with a minor.

The culmination of Dewey's case happened last week, Aug. 1, with the defendant pleading guilty to six charges filed against him at the Allen County Superior Court in Indiana.

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INSIDE

LOCAL

Gov. Arnold I. Palacios, Lt. Gov. David M. Apatang, CHCC CEO Esther L. Muña, along with Education Commissioner Dr. Lawrence Camacho and CHCC management and staff attended the proclamation signing for National Immunization Awareness Month.

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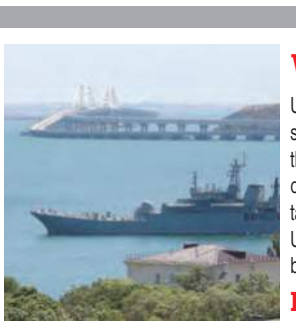

WORLD

Ukraine has sunk a Russian submarine and hit a Russian airfield in the past 24 hours, in line with a surge of long-range attacks against Russian targets, officials said. Russia said Ukrainian drones also hit an apartment building, killing one person.

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LIFE & STYLE

Snoop Dogg steps out of a sleek black SUV, his entourage in tow, as a Parisian crowd erupts into chants of "Snoop, Snoop, Snoop!" outside the NBC set.

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SCAN ME WITH A COMPATIBLE QR READER TO KEEP UPDATED ON ALL THE LATEST NEWS.

GOT A NEWS TIP? TEL: 235-6397 / 235-2440 FAX: 235-3740 EMAIL: editor@saipantribune.com

Local

3 NMC nursing graduates pass NCLEX-RN

Northern Marianas College 2024 nursing graduates Jesica Andebor, Davean Gonzales, and Jersee Nicdao have joined the long list of NMC students who have passed the National Council Licensure Examination for Registered Nurses or NCLEX-RN.

Nursing graduates must pass the NCLEX-RN to be able to practice nursing as a registered nurse. The exam tests the knowledge, skills, and abilities of nursing graduates to certify that they can apply entry-level nursing practices correctly.

Gonzales

Nicdao

Andebo

NMC Nursing Department chair Rosa Aldan extended her congratulatory remarks, "The Nursing Team and I are very proud of Jesica, Davean, and Jersee and congratulate them on their great achievement of the NCLEX-RN. We look forward to seeing them at the bedside."

"It's always amazing to see the growing number of NMC nursing graduates successfully passing demanding exams such as the NCLEX-RN," NMC president Dr. Galvin Deleon Guerrero said. "I congratulate Jesica, Davean, and Jersee on their achievement."

Andebor's biggest motivation for pursuing a nursing degree has always been her family. "I wouldn't be where I am without them," she expressed. "Watching how caring my dad's nurses were and how comfortable they made him feel inspired me to become a caring nurse for others."

Her passage of the NCLEX was reinforced through the guidance of her instructors, along with the support of her family, husband, and friends. Additionally, Andebor highlighted the valuable study tools and practices conducted throughout the semester, such as the Kaplan Live Review, Kaplan exams, CAT exams, and Readiness exams.

"I believe that the NMC nursing program has been preparing students for the exam from the very first semester," she noted. "With the consistent practice we had throughout our four semesters, the NCLEX felt like just another Kaplan exam to conquer."

In advice to other NMC students who are planning to take the NCLEX, Andebor recommends applying for the NCLEX as soon as possible after graduating with a nursing degree. She stated, "You've already gotten through the hard part; now you just need to review some content, take practice exams, and remediate, remediate, remediate!" She additionally emphasized the importance of trusting yourself and taking breaks.

Gonzales, a classmate of Andebor, notes that his deep desire to find a meaningful sense of purpose in caring for others was his main drive to graduate with his nursing degree.

"NMC effectively guided me in adopting the appropriate mindset for preparing for the NCLEX, especially during our final semester," Gonzales stated. "I was able to monitor my progress, which allowed me to strategically plan my NCLEX preparation immediately after graduation."

In preparation for the NCLEX, Gonzales structured his focus into three distinct phases that entailed watching lecture videos and completing 85 practice questions daily, then addressing his areas of weakness and improving them, and finally, mastering the skills necessary to effectively answer case study questions. Furthermore, he highlighted the love and support from his parents, brother, and friends that helped him endure the two months of rigorous study sessions.

"Over the past two months, I completed a total of 3,186 practice questions and 30 case study questions in preparation for the NCLEX," Gonzales said. He advises students who are planning to take the NCLEX to control any test anxiety, remain calm, and be confident in themselves.

Nicdao, a classmate of both Andebor and Gonzales, aims to positively contribute her knowledge and skills to her community. For her, this is through pursuing a nursing degree and acting on her desire to provide high-quality care from a place of compassion.

Nicdao stated that during her preparation for the NCLEX, NMC provided valuable study resources such as Kaplan, readiness assessments, and CAT exams. To enhance her preparedness, she created a study schedule that helped her maximize her study time and answer over 2,000 practice questions. Additionally, she acknowledged the support and encouragement from her family and friends toward achieving her goal.

"Knowledge of nursing content is essential, but having the right mindset is equally important," Nicdao said in advice to other NMC students planning to take the NCLEX. "Believe that you will pass the exam and let go of any negative thoughts. Channel that energy to motivate yourself throughout your study sessions. Go future RN!"

Andebor, Gonzales, and Nicdao are currently in the process of applying for RN positions at CHCC.

For more information about NMC's nursing program, email Rosa T. Aldan at rosa.aldan@marianas.edu or call (670) 237-6744. ***(PR)***

PSS INVESTS IN LOCAL CAPACITY WITH 27 BILINGUAL EDUCATORS PSS

The Public School System, led by Education Commissioner Dr. Lawrence F. Camacho, center, seated, attended the conclusion of the rigorous certification program for Chamorro Carolinian Language and Heritage Studies classroom instructors. The CCLHS Program course was jointly developed by PSS' Office of Instructional Services and Human Resources Office with the University of Guam's Global Learning & Engagement, under the direction of Carlos A. Taitano, with the overall goal of building local capacity/workforce development. It was implemented in the CNMI by UOG consultant educator Dr. Clare Camacho. An intensive three 45-hour courses for CCLHS classroom instructors started late June and culminated last Monday. Joining the educators are PSS associate commissioner for Administrative Services Eric Magofna, senior director for Instructional Services Jackie A. Quitugua, and Human Resources officer Lucretia B. Deleon Guerrero.

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COMMUNITY BRIEFS

NMC offices closed Aug. 8, 9

Northern Marianas College employees will be participating in professional development activities on Thursday, Aug. 8, and Friday, Aug. 9, 2024.

To maximize employee participation, NMC offices will be closed on these days. The college will resume normal business hours on Monday, Aug. 12, 2024.

Individuals who are seeking assistance registering for the Fall 2024 semester can email oar@marianas.edu. For all other matters, email nmc@marianas.edu. ***(PR)***

MHS freshmen, new transfer orientation on Aug. 12

Marianas High School will hold an orientation for incoming freshmen and new transfers for school year 2024-2025 on Monday, Aug. 12, 9:30am at the MHS main cafeteria,

For more information, call the MHS front desk at (670) 237-3202. ***(PR)***

Palacios, Apatang declare August Nat'l Immunization Awareness Month

Gov. Arnold I. Palacios, Lt. Gov. David M. Apatang, Commonwealth Healthcare Corp. CEO Esther L. Muña, along with Education Commissioner Dr. Lawrence Camacho and CHCC management and staff attended the proclamation signing for National Immunization Awareness Month.

NIAM is an annual observance held in August to highlight the importance of vaccinations for people of all ages while also aiming to educate the public about the critical role immunizations play in preventing serious diseases across all age groups. NIAM also highlights the importance of partnership to increase vaccination access, confidence, and overall prevention of vaccine preventable diseases.

"Our theme this year, 'I protect you. You protect me,' embodies the communal spirit of our island, underscoring the mutual responsibility we have in safeguarding each other's health," stated Keanna Villagomez Lin, Policies, Partnerships, and Communications coordinator at CHCC.

Emman Parian, program manager for the Immunization Program at CHCC, added, "NIAM provides an excellent opportunity to continue our year-round efforts to raise awareness and educate the community about the importance of immunizations. It also serves to acknowledge the diligent work of our program staff, healthcare providers, internal and external partners, and the community in preventing disease outbreaks through the use of vaccines and other preventive measures."

As summer is nearing an end, CHCC and its Immunization Program is reminding the community about the importance of vaccinations during National Immunization Awareness Month.

CHCC

Gov. Arnold I. Palacios, Lt. Gov. David M. Apatang, Commonwealth Healthcare Corp. CEO Esther L. Muña, and Education Commissioner Dr. Lawrence Camacho pose for a group photo with CHCC staff after declaring August as National Immunization Awareness Month.

Throughout August, CHCC will offer:

- Vaccinations for all ages.
- Collaborations with the CHCC Mobile Clinic.
- 5K Half Marathon and Fun Run in Collaboration with Run Saipan on Aug. 31, 2024.
- Walk, Run, Roll and Health Fair on Rota on Aug. 24, 2024.

Protecting our community's health and wellbeing starts with each individual. CHCC encourages everyone to stay up-to-date on their vaccinations and help spread awareness about the importance of immunization.

For any questions regarding vaccines or the program, call the CHCC Immunization Clinic (670) 236-8745. ***(PR)***

ZONING

... to improve our island's quality of life!

Public Notice of Proposed Zoning Regulations
Arongorongol Toulap reel Ppwommwol Mwóghutughutúl Zoning
Nutisian Pupbliku Put I Maproponi Na Regulasion Zoning Siha

The public is invited to review and provide comments on the proposed NABPMA of 2018 **REGULATIONS** on before **August 12, 2024.** You may view the regulations on https://cnmilaw.org, or website https://cnmizoning.com, or at the Zoning Office in Chalan Laulau (234-9661/2).

Nuisance Abatement and Blighted Properties Maintenance Act of 2018 (NABPMA)

Call us at 234-9661/2 or visit the Zoning Office in Chalan Laulau for more information.

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Man placed on $50K bail after police raid

By CHRYSTAL MARINO
chrystal_marino@saipantribune.com
CORRESPONDENT

After a police search unveiled not only stolen items, but also drugs, firearms, and ammunition at a residence in Chalan Kanoa last Thursday, two individuals were arrested, and one of the arrested individuals appeared before the Superior Court in Susupe on Monday for a bail hearing.

The Superior Court placed a $50,000 bail on Glenn S. Palacios, who is facing counts of the storage of firearms, firearms owner's identification card requirement exceptions, person to permitted to possess ammunition, and illegal possession of controlled substance.

During the hearing, a preliminary hearing was set for Palacios on Aug. 9, 2024 at 10am, and an arraignment on Aug, 19 at 9am. Chief Public Defender Douglas Hartig was appointed as the defense attorney for Palacios, and Chief Prosecutor Chester Hinds will represent the CNMI government.

After the hearing Palacios was remanded back to the Department of Corrections.

Palacios and Hope Blanco were arrested at their residence in Chalan Kanoa last Thursday during an execution of a search warrant relating to a burglary and theft incident reported to the Department of Public Safety on July 25, 2024. The search warrant had been issued by Superior Court Associate Judge Kenneth L. Govendo on July 30, 2024.

Blanco is also facing charges of illegal possession of a controlled substance.

According to court documents, on Aug. 1, 2024 a search warrant was executed at the residence and at 12:45pm the Rapid Response Team entered Palacios' residence and cleared the house. Detectives secured Palacios outside his residence, while crime scene technicians entered the residence and took photos and after processing the house, they recovered several zip locks and paraphernalia. Canine officers performed a canine sweep and they were alerted by the odor of narcotics. From there a search team entered and searched the residence.

CHRYSTAL MARINO

Glenn Palacios makes his way back to the Department of Corrections after his bail hearing last Monday at the Superior Court in Susupe.

A longer version of this story is available at www. saipantribune.com

Commonwealth Zoning Board
Board Meeting
Thursday, August 8, 2024 | 2:00 PM
Governor's Conference Room • Capitol Hill, Saipan
Tel: 670-234-9661/2 • Fax: 670-234-9666
E-mail: ZoningBoard@cnmizoning.com

AGENDA

A. Preliminary Matters
1. Call to Order
2. Roll Call
3. Adoption of 08/08/24 Meeting Agenda
4. Adoption of 07/11/24 Meeting Minutes
5. Communications
6. Public Comments (not for items to be discussed in item B. Public Hearings)

B. Public Hearings:
1. **Conditional Use Application #2020-14923 – American Xiong's Corporation dba Angel Market** proposes to amend its previous approved *Conditional Use Permit 2020-3847* to include a new use of Flower/Floral Shop on the ground floor of its existing building and to construct a 2nd floor extension measuring **84' 6" (L) x 40' 6" (W) x 24' (H)** for its "Single-Family Dwelling" use. The site is located on **Lot 002 G 16** in the village of **Kagman.** This area is zoned as **Village Residential.**

2. **Conditional Use Application #2024-1924 - SPP LLC dba RozFx** proposes to utilize a portion within an existing one-story building with floor area measuring **22' 0" (L) x 21' 6" (W)** for its "Cannabis Manufacturing and Processing" Use. The site is located on **Lot 039 L 50 & 039 L 51** in the village of **Obyan.** This area is zoned as **Rural.**

C. Old Business
1. Parking regulations in Garapan Core (GC), Garapan East (GE), Village Commercial (VC), and other zoning districts

D. New Business
1. None

E. Report from Zoning Administrator
1. Operations (Permitting and Enforcement)
2. Office Updates
   a. Nuisance Abatement and Blighted Properties Maintenance Act of 2018 Regulation
   b. Proposed Text amendments to the Saipan Zoning Law of 2013

F. Report from Legal Counsel

G. Executive Session

H. Announcements

I. Adjournment

/s/Henry S. Hofschneider, Chairman

POSTED

CPA

From page 1

remain unresolved.

Star Marianas' notice of intent to terminate air service come October stems from a letter received from CPA demanding debt payment of over $1.2 million. Star Marianas, for its part, feels CPA's methodology of collecting fees from Star is not correct pursuant to a previous Airport Use Agreement with CPA.

CPA board chair Joe Ayuyu shared that he has already identified possible inter-island air service providers.

"There have been a couple of individuals and companies that have approached me. We're in discussions and we're urging them to please look at the CNMI as a place for them to do business. We will do everything we can legally to assist them in the permitting process. That's where we are right now. They haven't really committed to coming in yet but I think they're doing their homework as well in terms of securing planes and we do have potential," he said.

When asked to name them, Ayuyu said he was not at liberty, as of press time, to disclose their names but says they are in open conversation with CPA at the moment.

"At this point, I'm not at liberty to disclose the names of these companies as we're still in the preliminary stages of our conversations. We're looking at two but I'm trying to reach out to more—possibly from Alaska or Hawaii and other places. The ones we've talked to are around Micronesia. There is an airline in Pohnpei that has been serving Kosrae for many years, we've reached out to them if they're interested in expanding. There's another group that we're trying to look for seed money for. We're looking at different possibilities," he said.

Ultimately, Ayuyu said he is willing and ready to provide interested airlines help, if need be, just to get them to provide this essential air service between the CNMI islands.

A longer version of this story is available at www. saipantribune.com

DFEMS

From page 1

of DFEMS—currently led by Commissioner Juan Pua—claiming the department has been mismanaging funds appropriated to them from FY2024.

"There are serious concerns that the department has been engaging in practices that are not aligned with the fiscal budget appropriation for FY 2024 and are in violation of Public Law 18-73, which outlines the governance framework for the department," he said.

During a recent budget hearing, Mendiola said Pua acknowledged that he had initiated the reallocation of employees into higher positions, but failed to disclose these actions in his budget submission, including the associated personnel costs.

"Despite the fiscal constraints and the governor's executive orders calling for financial prudence, commissioner Pua did not accurately present the impact of these reallocations. Moreover, he suggested that these personnel would be paid using revolving funds meant for operational needs, which raises further concerns about budgetary mismanagement," he said.

Mendiola also highlighted an incident during DFEMS' budget hearing where he claims casts "doubt" on Pua's integrity.

"In addition to these budgetary issues, I must highlight a troubling incident during the Senate budget hearing. Commissioner Pua misrepresented the nature of a conversation we had about a year ago regarding the temporary appointment of individuals to acting positions. Despite assurances at that time that these were temporary measures, during the hearing, the commissioner denied having had such a conversation. This misrepresentation casts doubt on his integrity and transparency in managing the department," he said.

A longer version of this story is available at www. saipantribune.com

BETS

From page 1

Delegate Gregorio Kilili C. Sablan (D-MP), Gov. Arnold I. Palacios with first lady Wella Palacios, Lt. Gov. David M. Apatang, and Saipan Mayor Ramon B. "RB" Camacho also showed up to show their support.

Palacios said that their coalition is stronger this year than last year and is optimistic about achieving a positive result.

"This is the same, a lot of them are the same candidates, incumbents and some are new from the Democratic Party. And so, we're all coalescing together, and we're going to move forward and look forward to the election and we're going to do everything we can to win. We're still together, stronger, much stronger this year than last year, so we're going to come up with a good result," said Palacios.

According to Apatang, he and the governor have decided to collaborate with the Democrats after the last runoff election.

"Well, we started as an independent, you know, the governor and I but at the end after the runoff, we decided to link up work together with the Democrats. So, we're still together, we're in love," said Apatang.

A longer version of this story is available at www. saipantribune.com

DEWEY

From page 1

The eight charges Dewey pleaded guilty to includes two counts of sexual misconduct with a minor, child solicitation, possession of child pornography, dissemination of matter harmful to minors, and residential entry.

Pursuant to pleading guilty to the six charges, the State of Indiana has agreed to drop the rape charges filed against Dewey.

Aside from following the court's order of protection, Dewey was ordered to reimburse the costs of extradition in the amount of $31,660.48 to the "return of fugitives fund" through the clerk of the Allen County Superior Court.

Dewey has yet to be sentenced in this matter.

According to *Saipan Tribune* archives, representatives of the Indiana Allen County Sheriff's Department arrived on Saipan back in February to escort and bring fugitive Dewey, alias Carter Allen Widmor, back to Indiana.

Dewey, who has been going by the alias Widmor since he fled the state of Indiana to Saipan back in 2022, was arrested last Jan. 26 at the Kagman Community Health Center where he works. Dewey allegedly admitted to officers his real name and he was immediately arrested.

He was charged with one count of fugitive from justice and was booked and detained at the Department of Corrections.

A longer version of this story is available at www. saipantribune.com

Ogo files candidacy petition for reelection

CONTRIBUTED PHOTO
Rep. Julie Ogo (Ind-Rota) poses with her family after she officially filed her candidacy petition for re-election at the Rota Mayor's Office.

ROTA—At 10am last Monday, Rep. Julie Ogo (Ind-Rota) officially filed her candidacy petition for reelection at the Rota Mayor's Office. Surrounded by her family, friends, and loyal supporters, Ogo took this significant step in her ongoing commitment to serve the people of Rota.

In her statement, Ogo expressed heartfelt gratitude to her family, friends, and supporters for their unwavering belief in her leadership.

"I am deeply thankful for the continued support that has allowed me to pursue this journey of service. It is an honor to have the opportunity to continue helping the people of Rota," she said.

Ogo emphasized the importance of unified leadership in driving Rota toward a brighter future.

"Bringing our island back to prosperity is not something that will happen overnight, but as long as there's progress, we can make the livelihoods of the people of Rota more bearable," she stated.

Ogo also highlighted her partnership with Sen. Paul Manglona (Ind-Rota), who is also seeking re-election. Together, they have vowed to continue their efforts in supporting and advocating for the needs of the people of Rota. ***(PR)***

Smoke, dye testing for San Antonio Aug. 6-8

The Commonwealth Utilities Corp. would like to inform the general public that dye tests and smoke tests will be conducted on Hakmang Ave. and Laiguan Ave. in San Antonio from Tuesday, Aug. 6, 2024, through Thursday, Aug. 8, 2024 at 9:30am to 4:30pm. The purpose of these tests is to locate leaks, breaks, and illegal connections in CUC's sewer system.

About the Dye Test

A dye test is sewer inspection method whereby nontoxic dye is introduced into the toilets and cleanouts of participating customers. CUC's wastewater operators will monitor sewer lines for any signs of presence from the dye. If the dye appears in CUC's sewer lines within the customer's area, the customer will then be informed of their connection, and the data will be sent to the Billing Department for proper billing.

Customers should be expecting a visitation from CUC's Wastewater Operators to request for access before performing the dye test.

About the Smoke Test

A smoke test is a sewer inspection method whereby nontoxic smoke is forced into sewer system access points. The smoke travels through all connected pipes in the sewer system, indicating pipe leaks, breached utility holes, cracks, uncapped lines, and other defects.

Testers can also locate unknown pipe sections, such as cleanouts, downspouts, and sump pumps.

The smoke is nontoxic, nonhazardous, and is manufactured specifically for this purpose. It leaves no residue or stains and has no effects on plants or animals. The smoke is not expected to enter your home; however, if it does, it will have a distinct odor and should clear out within a few minutes with proper ventilation. Please be advised that all plumbing fixture drain traps must be filled with water before the test.

To ensure the safety of our CUC crew, certain roadways will be closed during the testing period to allow Wastewater Operators to access the manholes. Motorists are advised to reduce speed and exercise caution while driving in the area or take alternative routes.

CUC appreciates the public's cooperation and understanding in helping identify customer connections. CUC aims to conduct these tests efficiently while minimizing disruption to customers' daily activities. By proactively engaging in this testing, CUC reaffirms its commitment to providing reliable wastewater services for the community.

For more information, contact CUC's hotline at (670) 236-4333, visit its website, and monitor its Facebook page for the latest updates. For emergencies, contact Customer Service at (670) 664-4282. ***(PR)***

Temporary road closure for San Jose on Aug. 8

The Commonwealth Utilities Corp. would like to inform the general public that there will be a temporary road closure along Wischira Way in San Jose on Thursday, Aug. 8, from 9am to 4:30pm.

The road closure is necessary to allow CUC Wastewater Operators to connect a 2-inch sewer line bypass on Wischiira Way in San Jose. The duration of the repair work and road closure is subject to change considering potential issues that may arise.

Customers connected to CUC's San Jose sewer lines will not be affected, as wastewater personnel will be on-site to pump out sewage during this period.

About the sewer bypass

A sewer bypass temporarily redirects wastewater flow away from a section of the sewer system. This prevents backups, maintain services, reduce environmental impact, and facilitates repairs. Sewer bypass systems are essential for maintaining the integrity and functionality of wastewater management systems.

Due to the temporary road closure, motorists are advised to reduce speed and exercise caution while driving in the area, or take alternative routes. CUC personnel will be providing detailed directions for accessing residential properties along the affected area.

CUC apologizes for any inconvenience this may cause and will continue to work diligently to provide reliable services for our customers. For more information, contact CUC's hotline at (670) 236-4333, visit its website, and monitor its Facebook page for the latest updates.

In case of an emergency, contact Customer Service at (670) 664-4282. ***(PR)***

Robert Tenorio Torres
Attorney at Law
Plata Drive, Whispering Palms (Chalan Kiya)
P.O. Box 500730
Saipan, MP 96950
Tel: (670) 234-7859
Fax. (670) 234-5749
Attorney for Petitioner Barbara Reyes for Claimant Marianas Public Land Trust

IN THE SUPERIOR COURT FOR THE COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS

IN THE MATTER OF THE ESTATE OF:	] CIVIL ACTION NO. 24-0169
BERNADITA R. CABRERA, Decedent.	] NOTICE OF HEARING AND NOTICE TO CREDITORS
	] DATE: August 15, 2024
	] TIME: 10:00 A.M.
	] JUDGE: JOSEPH N. CAMACHO

TO: THE GENERAL PUBLIC, HEIRS, CLAIMANTS, OR CREDITORS OF THE LATE BERNADITA R. CABRERA OF HER ESTATE:

NOTICE IS HEREBY GIVEN that Barbara Reyes of Saipan, CNMI ("Petitioner") has petitioned the Superior Court of Northern Marianas Islands to Admit the Estate of Bernadita R. Cabrera, the deceased, to Probate for Letters of Administration and appointment of Mario Marc Cabrera Cepeda as a proposed Administrator of the Estate. The attorney for Petitioner is Robert T. Torres, Attorney at Law, whose address is 5960 Plate Drive, Whispering Palms (Chalan Kiya), P.O. Box 500730, Saipan, MP 96950.

The hearing on Barbara Reyes's Petition for Letters of Administration and to appoint Mario Marc Cabrera Cepeda as the proposed Administrator is scheduled to be heard on the date and time set forth above at the Superior Court of the Commonwealth of the Northern Marianas Islands, Guma' Hustisia, Civic Center, Saipan. All interested persons and entities should appear at the hearing.

Any and all persons, creditors, or entities having claims against the deceased or her estate are hereby required by law to file their claims with the Clerk of Court within sixty (60) days of this publication, or the claim(s) will be barred. A copy of your claims should also be sent to ROBERT T. TORRES, Attorney at Law, at the address hereinabove indicated.

Dated this 24th day of July 2024.

/s/_____
CLERK OF COURT

DIVISION OF PROCUREMENT SERVICES
CNMI GOVERNMENT

INVITATION TO BID
ITB NO.: ITB24-GOV/OGM-42400133

SUBMISSION DATE: SEPTEMBER 06, 2024 TIME: 09:00 A.M.

"PURCHASE OF ONE CLASS "F" VEHICLE FOR THE OFFICE OF GRANTS MANAGEMENT AND STATE CLEARINGHOUSE, SAIPAN"

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/s/ Ephiphanio E. Cabrera, Jr.
STATE ADMINISTRATOR, OGM

/s/ Brien S. Nicholas, Jr.
ACTING DIRECTOR, PS

COMMONWEALTH PORTS AUTHORITY
CNMI GOVERNMENT
Main Office: SAIPAN INTERNATIONAL AIRPORT, 2nd Floor Arrival Bldg.
P.O. BOX 501055 • SAIPAN • MP 96950]
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INVITATION FOR BID
PROJECT NO. CPA-IFB-007-24-(REPACKAGED)

SUBMISSION DATE: AUGUST 07, 2024 (2:00 PM)

"PROVIDE & INSTALL SIX (6) BRAND NEW COMMERCIAL AIR-CONDITIONING UNITS AT THE FRANCISCO M. BORJA/TINIAN INTERNATIONAL AIRPORT

THE BID PACKAGE IS AVAILABLE FOR PICK UP AT THE COMMONWEALTH PORTS AUTHORITY (CPA) ACCOUNTING OFFICE, 2ND FLOOR, DEPARTURE BUILDING, FRANCISCO C. ADA/SAIPAN INTERNATIONAL AIRPORT BEGINNING JULY 08, 2024. AN ADMINISTRATIVE FEE OF $100.00 SHALL BE PAID TO CPA BEFORE A BIDDER MAY OBTAIN THE BID PACKAGE. PAYMENTS SHALL BE IN CASH, CASHIER'S CHECK, OR CREDIT CARD.

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LEO B. TUDELA
EXECUTIVE DIRECTOR

DATE: _____

Commonwealth of the Northern Mariana Islands
HEALTH CARE PROFESSIONS LICENSING BOARD
P.O. Box 502078, Bldg., 1242 Pohnpei Court
Capitol Hill, Saipan, MP 96950
Tel No: (670) 664-4809 Fax: (670) 664-4814
Email: info@cnmilicensing.gov.mp
Website: www.cnmilicensing.gov.mp

Pursuant to P.L. 8-41, Section 11, Governor Arnold I. Palacios and Lt. Governor David M. Apatang, through the Health Care Professions Licensing Board (HCPLB), hereby gives notice that it will hold its regular monthly board meeting on ***Thursday, August 8, 2024, at 8 a.m.*** on Saipan. The meeting will be held at the Board of Professional Licensing Conference Room, BPL Building on Capitol Hill.

AGENDA

I. Meeting Call to Order
II. Determination of Quorum
III. Review and Adoption of Agenda
IV. Review and Adoption of Minutes **(06/05/2024)**
V. Public Comments
VI. Chairperson's Report
VII. Director's Report
VIII. Investigator's Report
IX. Communications from the Governor's Office & Legislature
  A. Governor's Office
  B. Legislature
X. Old Business
  • Special Medical Facility Permit (SMFP)
  - Update: A Bill For an Act
  - Fee Structure
XI. New Business
XII. Pending Applications for Board's Review
  • Total Reviewed = _____ New Application = _____
  • Renewal = _____ Pending = _____
XIII. Miscellaneous Business
XIV. Executive Session: The Board may vote to meet in executive session to consult with Counsel on pending or anticipated legal matters.
  • Dr. S. Barnett
  • Dr. R. Vyas
XV. Announcements
  A. Next Meeting Date
  B. Adjournment of Meeting

Opinion

Hafa Adai!
Saipan Tribune
THE CNMI'S FIRST DAILY NEWSPAPER
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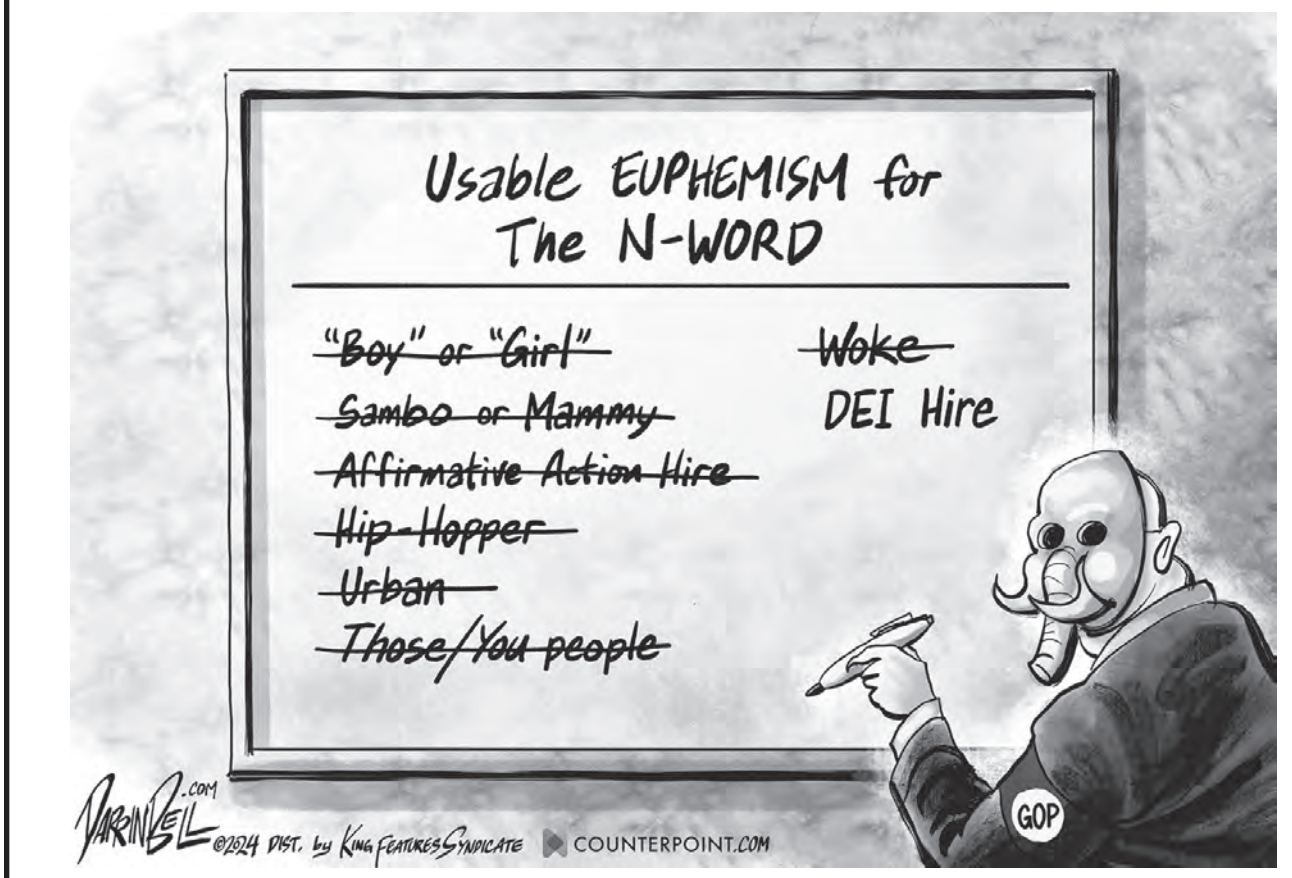
Mark Rabago EDITOR
mark_rabago@saipantribune.com

MEMBER

The Associated Press | Pacific Islands News Association



EDITORIAL

Home again: Russia prisoner swap brings back Americans

After harrowing ordeals wrongly detained in Russian prisons, 16 people were freed in exchange for eight Russian prisoners held in the United States, Slovenia, Poland, Norway and Germany.

The multinational deal includes the release of Americans Evan Gershkovich, a Wall Street Journal reporter convicted last month of spurious espionage charges after a year already imprisoned; Paul Whelan, a Marine veteran jailed in 2018 after traveling to a friend's wedding; Radio Free Europe/Radio Liberty journalist Alsu Kurmasheva, arrested in 2023; and U.S. resident Vladimir Kara-Murza, a Pulitzer Prize-winning Washington Post columnist and opposition politician.

We must also commend the U.S. government for working to secure the release not only of American citizens and an American resident, but nationals of other countries also improperly held, including three who were Russian themselves and had formed part of opposition leader Alexei Navalny's team.

Navalny himself should have been among them, but unfortunately he died early this year at an Arctic prison while serving his own sentence on trumped-up charges. Or rather, it'd be more accurate to say he was killed by the Kremlin, either through some sort of direct means or indirect but equally deadly intentional medical neglect.

Let all that be a reminder that even though prisoners were swapped in both directions, what Russia was punishing were not crimes but acts of civil society, including the performance of journalism, political organization and free expression, particularly in opposition to Vladimir Putin's horrific war in Ukraine.

Those released from Western prisons at Putin's insistence included an assassin convicted of murdering a Chechen separatist in Germany, an intelligence officer suspected of funneling U.S. military technology to Russia and a hacker convicted of breaking into more than 500 businesses. This follows the release of the "Merchant of Death," arms trafficker Viktor Bout, in a December 2022 prisoner exchange for WNBA player Brittney Griner.

We should all be glad that Russia has released these political prisoners, but we must acknowledge that these swaps do carry the consequence of showing the Putin and his cronies that they can get back Russian nationals serving prison sentences in the U.S. and elsewhere if they nab random Americans or Europeans on falsified or heavily inflated charges.

In an earlier era, Putin would have perhaps thought twice about deploying this strategy too brazenly to maintain at least some maneuverability on the world stage. But now that he's entirely torched any remaining credibility—not to mention his military and economy—with his unwarranted invasion and the war crimes committed therein, he's got little left to lose from these tactics.

The solution here can't be to just accept that and let him

See HOME on Page 7

Trump proved himself unfit to be commander in chief

By ML CAVANAUGH
Los Angeles Times

ML Cavanaugh recently retired after 25 years in the U.S. Army. He co-founded the Modern War Institute at West Point.

When I was an officer in the U.S. military, I abstained from voting in national elections, one small way to keep the armed forces nonpartisan. Now, to uphold that same value and prevent the military from becoming a political tool, I believe that in November, everyone—civilians, service members, veterans, everyone—should vote for whoever has the best chance to keep Donald Trump out of office.

This is not a political statement. This is a strategic judgment based on fitness to lead—both to defend the United States and to protect the civilian-military balance that has enabled our nation to become the greatest in history.

Today's U.S. military is the world's most powerful weapon, and in the wrong hands it could become a potent political tool as well. This weapon must not be placed under an unfit commander in chief, as the former president showed himself to be during the previous administration and as he has vowed to be again if he regains power.

I am neither a Democrat nor a Republican, but an American who has fought in the forces that guard our country and our way of life, in the words of our military's Code of Conduct. I fought in Iraq, earned two Bronze Stars and taught military strategy at West Point. My commitment to military values and nonpartisanship hasn't changed since I rejoined civilian life. What's changed is the choice presented in American politics. There really isn't one, because one of the two major-party presidential candidates is clearly, demonstrably, irredeemably unfit to serve as commander in chief.

Only one candidate has suggested the execution of a former chairman of the Joint Chiefs of Staff.

Only one candidate has called our war dead—specifically, the Marines who fell at Belleau Wood in France during World War I—"suckers" and "losers."

Only one candidate has suggested putting NASCAR drivers and college coaches in critical national security positions now held by lifelong military professionals who serve as generals and admirals.

All those are awful enough.

But what settles the question altogether is the certainty that former President Trump would end the military's bedrock contract with the American people: nonpartisanship. He tried last time and came dangerously close.

Nonpartisanship isn't simply a nice tradition. It's the two-factor authentication that's been at the heart of our nation's defense for decades. The former president instead wants military leadership that mimics the Nazi high command.

"You f— generals, why can't you be like the German generals?" Trump complained to his chief of staff, retired Gen. John Kelly, in 2018. Trump clarified that he wanted generals who were "totally loyal" and "yes-men," like the Nazi commanders under Adolf Hitler.

Since America's founding, there's been a tension between the military and the rest of the nation's leadership. The monopoly on violence is necessary. But monopoly means placing immense lethal power in a small, select group.

James Madison worried that "armies kept up under the pretext of defending, have enslaved the people." But the Revolution persuaded George Washington that a competent standing military was necessary for the country's survival.

Over time a bargain solidified. America permitted a professional military, not loyal to a party or a president, but to all the people through an oath to uphold the Constitution. The country even granted a certain amount of autonomy in strategic matters. In exchange, the military would remain nonpartisan. It would work to earn the nation's trust and subordinate itself to civilian leadership. Military leaders engage in an "unequal dialogue" with their civilian superiors, in scholar Eliot Cohen's phrase. This preserves the best military advice possible while staying deferential to America's civilian leaders. There is, of course, occasional friction between presidents and generals—well worth it to maintain this pillar of national defense.

Trump wanted to destroy that pillar. Given a second term, he probably would. In its place he would enforce a subservience that would end the ability of America's military to provide its best (or much of any) advice on peace and war. Trump would deploy the military as a political prop in service of his own brand, as he already tried to do. And he would reshape the military and the national security apparatus so that Trumpists would rise and others would not. His second term would be staffed by those prepared to "rigorously review all general and flag officer promo-

See TRUMP on Page 7

Russia's prisoner trade says all you need know about Putin

By MARC CHAMPION
Bloomberg Opinion

Marc Champion is a Bloomberg Opinion columnist covering Europe, Russia and the Middle East. He was previously Istanbul bureau chief for the Wall Street Journal.

Take a good look at the lists of prisoners exchanged between Kremlin and the White House. If, after that, you still find yourself admiring President Vladimir Putin for his strength and despising U.S. alliances for their "weak" liberalism, you need help.

Putin went in person to Moscow's Vnukovo airport to hug Vadim Krasikov as he stepped off the plane that brought him home. This is the "patriot" Putin has sought to free ever since he was convicted and jailed in Germany for the 2019 assassination of a Georgian citizen who had fought against Russian forces in Chechnya more than 20 years ago.

Also among those released to Russia were people convicted by independent courts of cybercrimes, insider trading and breaking sanctions. A couple convicted in Slovenia of operating across Europe as deep-cover Russian spies had pled guilty.

What about the other side of the trade? Biden, too, went in person to the airport to greet three Americans released from Russian jails, including Evan Gershkovich, the Wall Street Journal reporter absurdly convicted of espionage. Alsu Kurmasheva, a Prague-based editor for Radio Liberty-Radio Free Europe had been jailed while visiting Russia for allegedly spreading false news. Paul Whelan, who had been dishonorably discharged from the U.S. Marines after a court martial regarding "larceny" in 2008, was convicted of espionage by a Russian court in 2018. Both Whelan and the U.S. government have denied that charge.

The U.S. green card holder and resident Vladimir Kara-Murza was on the initial plane from Moscow to Turkey, too. He had become the most prominent political opponent to Putin after the death in custody earlier this year of Alexei Navalny.

You don't, of course, expect countries to admit to their spies in public. But the Russian court system so clearly decides such cases at Kremlin direction, rather than in response to evidence, that there's no reason to give weight to its findings. These people were hostages, collected by Putin to trade for an assassin, criminals and actual spies.

In one sense, this is all par for the course. In 2022, the U.S. basketball star Brittney Griner was exchanged for a Russian arms dealer, Viktor Bout. Her "crime" had been to pass through Russian customs with less than a gram of medically prescribed hash oil in a vape. But what makes the latest trade extraordinary is that it required the cooperation of multiple countries and included eight Russian dissidents with no connection to any of them.

According to Christo Grozev, an investigative journalist who has been lobbying for this assassins-for-innocents deal since 2021, the original idea was for Germany to give up Krasikov in exchange for Navalny. The latter had been treated in Germany after being poisoned in Russia with the nerve agent, Novichok. When the 47-year-old later died in an Arctic penal colony, it was Germany that insisted on the release of multiple Russian dissidents if it was still to let go of an assassin.

As Biden has pointed out, this was not obviously in Germany's self-interest; it got no Germans back. Nor did Slovenia get any Slovenes back. They acted to benefit their U.S. ally and a group of particularly selfless Russians. Among the eight dissidents were other Putin opponents, as well as civil rights activists such as Oleg Orlov, co-chair of the Nobel Prize-winning Memorial organization that for 30 years had been exposing instances of Soviet-era domestic repression.

For sure, this exchange was a political win for Biden. For sure, it was also a win for ex-KGB officer Putin, who again demonstrated to his black-ops agents and spies that they can carry out future work abroad safe in the knowledge that they won't be left to rot in jail if caught. I can't imagine a clearer exposition of the difference, and meaning, of the people and values that each side prioritizes, nor of the worth of alliances.

Democracies, of course, run spy networks, kill people and do bad stuff. There are no angels among states. But unlike Putin's Russia, that does not define them. To live with the rule of law—no matter how imperfect—is a fundamentally different experience than to live without it. Equally, alliances may be awkward and frustrating, but their value is not defined by that frustration, nor solely by what they spend on defense, important as that is.

It's tempting to admire strongmen like Putin, or even wannabe strongmen like Donald Trump. They have more freedom of action, don't have to obey laws and don't have to compromise with their own side before facing foreign competitors. They seem better able to get things done, even if Trump's claim that he could have gotten a better deal sounds ridiculous.

What matters is to recognize what it is that actually gets done by these leaders: arbitrary law, domestic repression, hostage-taking and the prizing of state assassins over individual rights. There is really nothing to admire here, or to wish for.

How Harris can reset Democrats' relations with business

By MATTHEW YGLESIAS
Bloomberg Opinion

Matthew Yglesias is a columnist for Bloomberg Opinion. A co-founder of and former columnist for Vox, he writes the Slow Boring blog and newsletter. He is author of "One Billion Americans."

President Joe Biden has been objectively good for business, especially relative to the risk of the chaos that would follow Donald Trump's return to the White House. Yet it's no secret that the relationship between Biden and the business community has been poor.

The presidential candidacy of Kamala Harris offers Democrats the chance for a reset, especially given her stronger ties to California's tech community and popularity with Wall Street donors. But she and her party need to be careful about how they do it: Any change in attitude can't be seen as a quid pro quo for a change of position or a large donation, but rather as worthwhile on its own terms.

In other words: It's not about money or any specific policy. It's a vibe shift.

In this sense, public calls for Harris to fire Federal Trade Commission Chair Lina Khan, as some Democratic donors did last week, are not helpful. What Harris needs to do is make a commitment to be more open to talent with private-sector experience. Biden didn't exclude people with business backgrounds, but none of his cabinet members is drawn from the private sector, and in his administration experience in the business world has generally been viewed as a mark against a candidate.

How did the party end up here? This posture originates in a fight that Senator Elizabeth Warren picked in 2015 over the nomination of Antonio Weiss for the obscure position of undersecretary of Treasury for domestic finance. Weiss, a liberal Democrat in good standing as far as anyone could tell, was deemed unacceptable for the role simply because he was a successful investment banker before coming under consideration for a government job.

Warren successfully enlisted many of her Senate colleagues in joining the anti-Weiss campaign. Safe-seat Democratic senators who had no particular interest in who served as undersecretary of whatever understood that the real question was whether they wanted to be in a fight with Warren, and most decided that they did not. Republicans, in turn, had no interest in resolving this intraparty dispute. So Weiss' nomination was withdrawn, and he was given a job that did not require Senate confirmation.

At the time, it seemed like a pyrrhic victory for Warren.

But it had laid the groundwork for bigger things. When Biden won in 2020, Warren placed many allies and alumni in his administration. And Gautam Raghavan, a former chief of staff to House Progressive Caucus leader Pramila Jayapal, runs the Office of Presidential Personnel, which has broad influence over administration staffing.

That doesn't mean every Biden appointee is a hard-core leftist. The president has deep experience on foreign policy and picks his own national security team, while moderates such as Treasury Secretary Janet Yellen wield influence on the economic front. But it does mean that picks on the domestic side need to run through a gauntlet where any private-sector work on the resume is a red flag. Dispensation can sometimes be granted. But in general, anyone who's worked in industry faces an uphill battle.

It would be neither wise nor appropriate for Harris to make any commitments about specific jobs. But she should commit to reversing this presumption—because it makes no sense on the merits.

Of course, nobody wants a revolving-door administration staffed by officials regulating industries they used to work in. But neither should anyone want a team composed exclusively of professors and non-profit lifers, or think such a group would offer the public the best talent available.

For starters, it skews the personnel pool toward grim ideologues and away from normal people who just happen to share Democrats' stated concerns about reproductive freedom, democracy and the importance of the social safety net. It also deprives the executive branch of people with basic management skills, which are often lacking in academia.

Last but by no means least, industry ties can be a transmission belt for practical knowledge. At several key junctures during the Biden years—the port snarls, relaunching the domestic oil industry, the Silicon Valley Bank crisis—the administration found itself lacking in-house expertise on important questions.

More broadly, tech and finance are two of America's leading sectors. As a result, they tend to employ a large share of the country's smartest and hardest-working people. The idea that they would be ineligible for government service, or that their experience would count against them, is almost self-evidently absurd. As Jamie Dimon says: "A president should put the most talented people, including those from business and the opposite party, into their Cabinet."

It's not yet clear what approach Harris would take to a same-party presidential transition, if it came to that. But she already has three cabinet vacancies, and will likely have several more to fill even if she doesn't opt to start from scratch. If she says one of her goals will be to bring in some more people with business experience, the left won't like it and will undoubtedly complain. And if it does—unlike with unseemly demands that specific people be fired—it won't have a leg to stand on in a public argument.

HOME

From page 7

succeed at shutting down dissent or the ability of foreigners to operate in Russian territory, though it probably means that Americans and Europeans in particular should take greater care about the prospect of traveling to the despot's land. He must be isolated on the world stage, hit with economic, legal and political consequences.

The U.S. and allies should continue to support the aspects of Russian civil society that haven't been swamped by Putin's machine. He remains popular in Russia in part due to relentless propaganda and the lack of any alternative visions or political projects. But he can't keep this up forever.

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TRUMP

From page 6

tions" based on pro-Trump partisan qualifications, as described in the Project 2025 playbook.

This very same mistake was an enormous Nazi failure: Hitler broke the German generals, and so his decisions went unchecked and included some of the worst strategic moves in the history of warfare.

The immediate threat of a modern commander in chief who favors the Nazi approach would be the inappropriate use of military force on America's streets (and perhaps even at polling places). The longer threat for this kind of recklessness is unknowable but foreseeable: eroding remaining trust in the military, eviscerating the civilian-military balance, ending America's centuries-long success story.

"It is easy to destroy an organization," wrote retired Adm. William McRaven, former commander of U.S. Special Operations Command, "if you have no appreciation for what makes that organization great." McRaven penned those words five years ago, during the former president's first term in office, and ended by suggesting that if nothing were to change, someone else must serve as commander in chief.

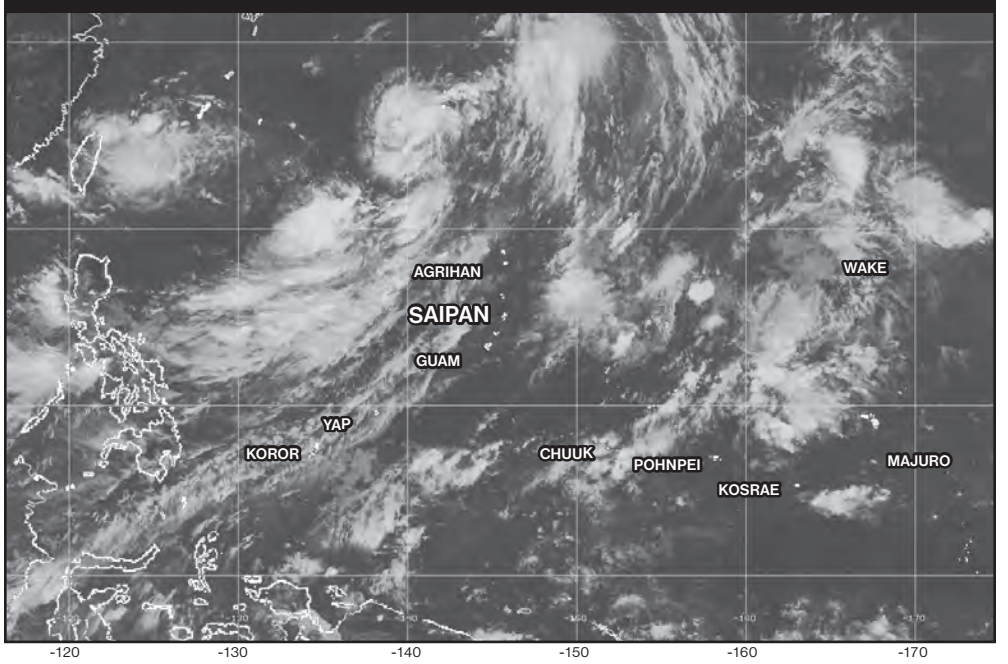
Nothing about Trump has changed. There is only one choice on Nov. 5.

The Weather

5-DAY FORECAST FOR SAIPAN AND TINIAN

TODAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Partly cloudy with isolated showers. southeast winds around 10 mph.	Mostly cloudy with isolated showers and thunderstorms.	Mostly cloudy with a 20 percent chance of showers and thunderstorms.	Mostly cloudy with a 20 percent chance of showers.	Mostly cloudy with a 20 percent chance of showers.
87° 77°	86° 77°	86° 77°	86° 77°	86° 77°

YESTERDAY'S SATELLITE IMAGE



PICTURE TIME: 4:47 AM TUESDAY, AUGUST 6, 2024

Western North Pacific between equator and 25N from 130E to 180.

The weather forecast remains largely unchanged. Mostly clear conditions are introduced for tonight, as tropical disturbance Invest 91W exits our region to the northwest toward the Ryukyu Islands. Winds will remain light, and a drier slot of air will move in under the influence of a sub-tropical ridge. This may provide an opportunity for stargazing tonight. Meanwhile, the marine forecast remains unchanged.

Satellite image and accompanying information are provided by the National Weather Service. For an updated weather forecast, visit the National Weather Service Guam homepage: https://www.weather.gov/gum/

MICRONESIA		▲ ▼ °F
Guam and Rota	Mostly Cloudy	86° / 80°
Palau	Mostly Cloudy	84° / 77°
Yap	Mostly Cloudy	86° / 79°
Chuuk	Mostly Cloudy	88° / 80°
Pohnpei	Partly Cloudy	86° / 77°
Kosrae	Partly Cloudy	86° / 77°
Majuro	Partly Cloudy	87° / 81°

DAY	SUNRISE	SUNSET
Today	6:00 AM	6:44 PM
Thursday	6:01 AM	6:44 PM
Friday	6:01 AM	6:43 PM
Saturday	6:01 AM	6:43 PM
Sunday	6:01 AM	6:42 PM

DAY	MOONRISE	MOONSET	MOONRISE
Today	8:02 AM	8:38 PM	-
Thursday	8:48 AM	9:11 PM	-
Friday	9:33 AM	9:43 PM	-
Saturday	10:19 AM	10:16 PM	-
Sunday	11:06 AM	10:52 PM	-

AROUND THE GLOBE		▲ ▼ °F
Auckland	Fair	59° / 43°
Beijing	Fair	93° / 75°
Hong Kong	Thunderstorms	94° / 83°
Honolulu	Partly Cloudy	88° / 76°
London	Rain	61° / 54°
Los Angeles	Sunny	85° / 67°
Manila	Mostly Sunny	90° / 79°
Melbourne	Showers	63° / 46°
Miami	Partly Cloudy	87° / 80°
New York	Clear	88° / 73°
Osaka	Partly Cloudy	96° / 81°
Paris	Showers	70° / 55°
Busan	Mostly Cloudy	89° / 77°
Rome	Mostly Sunny	97° / 73°
Salem	Thunderstorms	84° / 72°
San Francisco	Partly Cloudy	65° / 57°
Seoul	Partly Cloudy	95° / 78°
Tokyo	Mostly Cloudy	94° / 81°
Washington, DC	Partly Cloudy	94° / 75°

TIDES: SAIPAN HARBOR TODAY		FEET
3:38 AM	Low Tide	1.18
8:35 AM	High Tide	1.91
3:41 PM	Low Tide	0.23
10:19 PM	High Tide	1.91

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FLIGHT SCHEDULE AS OF AUGUST 1, 2024

DEPARTURES

SAIPAN-GUAM (GUM)

UA076	9:50AM	10:35AM	Daily

SAIPAN- NARITA (NRT)

UA824	11:50AM	2:25PM	1, 3, 5

GUAM-MANILA (MNL)

PR 111	5:55AM	7:55AM	Daily
UA193	6:50PM	10:55PM	2, 5 via Palau
UA183	7:10PM	9:10PM	Daily

SAIPAN-MANILA (MNL)

7C3403/2305	4:45AM	10:20PM	Daily
UA076/183	9:50AM	9:10PM	Daily via Guam
UA076/193	9:50AM	10:55PM	2, 5 via Guam, Palau

SAIPAN-INCHEON (ICN)

TW308	3:15AM	7:00AM	Daily
7C3403	4:45AM	8:35AM	Daily
7C3405	4:10PM	7:45PM	Daily
7C3471	5:50PM	9:30PM	Daily (July 17 to Aug 17)

SAIPAN-HONG KONG (HKG)

HX77	4:05AM	7:00AM	1, 5

ARRIVALS

GUAM (GUM)-SAIPAN

UA174	8:00AM	8:50AM	Daily

NARITA (NRT)-SAIPAN

UA825	5:30PM	9:55PM	2, 4, 7

MANILA (MNL)-GUAM

UA184	10:25PM	4:20AM+1	1, 3, 4, 6, 7
UA192	10:25PM	6:15AM+1	2, 5 via Palau
PR110	10:30PM	4:25AM+1	Daily
UA184	11:50PM	5:45AM+1	2, 5

MANILA (MNL)-SAIPAN

UA192/174	10:25PM	8:50AM+1	2, 5 via Palau, Guam
UA184/174	10:25PM	8:50AM +1	1, 3, 4, 6,7 via Guam
7C2306/3406	11:10PM	3:10PM+1	Daily
7C2306/3472	11:10PM	4:40PM+1	Daily (July 17 to Aug 17)
UA184/174	11:50PM	8:50AM +1	2, 5 via Guam

INCHEON (ICN)-SAIPAN

7C3406	9:30AM	3:10PM	Daily
7C3472	11:05AM	4:40PM	Daily (July 17 to Aug 17)
TW307	8:30PM	2:15AM+1	Daily
7C3404	10:10PM	3:40AM+1	Daily

HONG KONG (HKG)-SAIPAN

HX76	7:25PM	2:35AM+1	4, 7

LEGEND: Days: Monday (1), Tuesday (2), Wednesday (3), Thursday (4), Friday (5), Saturday (6) and Sunday (7); UA United Airlines; PR, Philippine Airlines; TW, T'Way Air; OZ, Asiana Airlines; 7C, Jeju Air; BX, Air Busan • ETD: Estimated Time of Departure; ETA: Estimated Time of Arrival. *(The Saipan Tribune is not responsible for any changes in the schedule.)*

STAR MARIANAS AIR, INC.

FLIGHT SCHEDULE AS OF JANUARY 2, 2024

SAIPAN TO ROTA

FLIGHT #	FROM	TO	DEPARTS	ARRIVES	FREQUENCY
1301	SAIPAN	ROTA	08:30	09:00	Daily
1302	SAIPAN	ROTA	10:30	11:00	Daily
1303	SAIPAN	ROTA	15:30	16:00	Daily

ROTA TO SAIPAN

FLIGHT #	FROM	TO	DEPARTS	ARRIVES	FREQUENCY
3101	ROTA	SAIPAN	9:30	10:00	Daily
3102	ROTA	SAIPAN	11:30	12:00	Saturday & Sunday
3103	ROTA	SAIPAN	13:30	14:00	Monday To Friday
3104	ROTA	SAIPAN	16:30	17:00	Daily

ROTA TO GUAM

FLIGHT #	FROM	TO	DEPARTS	ARRIVES	FREQUENCY
3401	ROTA	GUAM	11:30	12:00	Monday To Friday

GUAM TO ROTA

FLIGHT #	FROM	TO	DEPARTS	ARRIVES	FREQUENCY
4301	GUAM	ROTA	12:30	13:00	Monday To Friday

SAIPAN TO TINIAN

FLIGHT #	FROM	TO	DEPARTS	ARRIVES	FREQUENCY
1201	SAIPAN	TINIAN	7:30	7:45	Daily
1202	SAIPAN	TINIAN	8:00	8:15	Daily
1203	SAIPAN	TINIAN	9:00	9:15	Daily
1204	SAIPAN	TINIAN	10:00	10:15	Daily
1206	SAIPAN	TINIAN	14:00	14:15	Daily
1207	SAIPAN	TINIAN	15:00	15:15	Daily
1208	SAIPAN	TINIAN	16:00	16:15	Daily
1209	SAIPAN	TINIAN	17:00	17:15	Daily

TINIAN TO SAIPAN

FLIGHT #	FROM	TO	DEPARTS	ARRIVES	FREQUENCY
2101	TINIAN	SAIPAN	8:00	8:15	Daily
2102	TINIAN	SAIPAN	8:30	8:45	Daily
2103	TINIAN	SAIPAN	9:30	9:45	Daily
2104	TINIAN	SAIPAN	10:30	10:45	Daily
2106	TINIAN	SAIPAN	14:30	14:45	Daily
2107	TINIAN	SAIPAN	15:30	15:45	Daily
2108	TINIAN	SAIPAN	16:30	16:45	Daily
2109	TINIAN	SAIPAN	17:30	17:45	Daily

Free farmer-focused health checkups to be held Aug. 13, 15, 17, 20

Farmers and agriculture workers, in addition to other Guam residents age 18 and older, are invited to a free community health checkup event being held from 3pm to 7pm on Aug. 13, 15, 17, and 20 in Mangilao, Inalahan, Yigo, and Tamuning followed by a free community health seminar on Aug. 24.

The checkup will include a biometric screening for blood glucose, blood pressure, cholesterol, uric acid, and BMI; a nutritional evaluation; a muscle mass and strength assessment, including grip strength, gait speed, and chair stand tests; and a depression assessment using the Geriatric Depression Scale.

The screening is a collaboration between the Farmer Focus Project of University of Guam Cooperative Extension & Outreach and the National Taipei University of Nursing & Health Sciences, the Western Region Agricultural Stress Assistance Program, and the Prevent T2 diabetes education program at UOG.

Following the assessments, participants will receive an on-site review of their results with suggestions for health promotion programs, resources, and next steps.

The health checkups will be held:

■ Tuesday, Aug. 13
3pm-7pm
University of Guam, Agriculture & Life Science Bldg., Room 127

■ Thursday, Aug. 15
3pm-7pm
Inalahan Community Center (behind St. Joseph Catholic Church)

■ Saturday, Aug. 17
3pm-7pm
Yigo Senior Citizens Center (Chalan Tun Ben Annaco past Yigo Baseball Field)

■ Tuesday, Aug. 20
10am-5pm
Village of Donki, Island Lounge

Interested farmers and residents ages 18+ can register at https://bit.ly/guamhealth-checkup. Walk-ins are welcome, but those who pre-registered online will take priority. Each location will be limited to 30 participants. Additionally, the first 10 participants at each location will receive complimentary gas certificates.

Free community health seminar

Following the free health checkup events, the UOG and National Taipei University teams will be hosting a free seminar focused on prevalent health issues in the community, including diabetes. Topics will include eating a balanced and nutritious diet, preventing diabetes and chronic diseases, coping with and preventing depression, and exercises to combat age-related or diabetic-induced loss of muscle mass.

Seminar dates:

■ Thursday, Aug. 22
1pm-4pm
Village of Donki, Island Lounge

■ Saturday, Aug. 24
1pm-4pm
University of Guam CLASS Lecture Hall

The health seminar is open to all residents, regardless of participation in the health checkup. Those interested can register at https://url.uog.edu/health-seminar or by calling (671) 735-2020.

For more information on the health checkup and health seminar, please contact Harley Edeluchel at (671) 735-2020 or edeluchelh@triton.uog.edu. For more information on Taiwan-Guam projects, contact Dr. Kuan-Ju Chen at (671) 735-2053 or chenk@triton.uog.edu. ***(PR)***

GCC welcomes new vice president of Finance and Administration

Guam Community College is excited to announce the appointment of Clarissa T. Padua as the new vice president of Finance and Administration. Padua assumed the position with GCC on Monday, July 29, 2024, bringing her extensive experience and impressive qualifications, and is already a valuable asset to our college community.

Padua comes to GCC from the Guam Football Association, where she was the chief financial officer. She has a strong background in finance and administration. In her previous role with GFA, she ensured compliance with legal and regulatory requirements, prepared budgets, and facilitated audits.

Padua

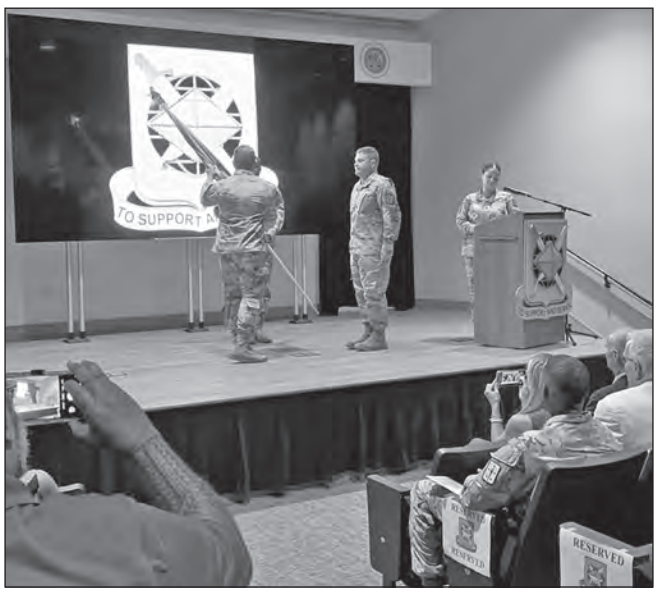
Padua started her professional career in the Advisory Department with Deloitte Guam and previously worked at United Airlines, Inc., serving as the senior manager for the South Pacific region. She was the business advisor and Women in Business Program coordinator with the Small Business Development Center. She also designed instructed courses in strategic business and financial planning, including marketing and industry research while managing a program supporting women in business, through training and advocacy.

Padua has a passion for education, having taught as an adjunct professor at the University of Guam and a business instructor at the Academy of Our Lady of Guam. She received her Master of Accountancy (Cohort I) in December 2023 and her Professional Master of Business Administration (Cohort XVII) in May 2022 from UOG.

"I am excited and honored to be part of the GCC family and to work with such a dedicated team," Padua said. "I look forward to contributing to the college's continued success and helping our students achieve their educational goals. By consistently moving forward, acquiring knowledge, and transforming together, team GCC will continue to create something compelling while maintaining our energy and keeping our most important values within close reach," said Padua.

"We are thrilled to have Clarissa join our leadership team," Dr. Mary A. Y. Okada, GCC president. "Her dedication and experience in finance and administration will be invaluable as we continue to grow and serve our students and community. Please join us in welcoming her to our community." ***(PR)***

Radewagen congratulates Col. Le'iato on command of the US Army Finance Corps


CONTRIBUTED PHOTO
Col. Robert L. Le'iato is sworn in as the 43rd Commandant of the U.S. Army Finance and Comptroller School, and commander of the U.S. Army Finance Corps.

CONTRIBUTED PHOTO
Col. Robert L. Le'iato poses with Col. Leafaina Tavai, U.S. Army (Ret.), chief of staff of Delegate Uifa'atali Amata Radewagen (R-A. Samoa).

CONTRIBUTED PHOTO
Col. Robert L. Le'iato with his family.

WASHINGTON, D.C.— Delegate Uifa'atali Amata Radewagen (R-A. Samoa) is congratulating Col. Robert L. Le'iato, now the 43rd commandant of the U.S. Army Finance and Comptroller School and commander of the U.S. Army Finance Corps.

Radewagen's chief of staff, Col. Leafaina Tavai, U.S. Army (Ret.), attended his command ceremony last Tuesday at Fort Jackson, South Carolina.

Radewagen said, "Congratulations to Colonel Le'iato! He is proud to call American Samoa home, and we take pride in his leadership and growing responsibility in the U.S. Army. He is another trailblazer in the military adding an important new chapter to our people's tradition of service."

Tavai said, "Fort Jackson, South Carolina, is a long way from American Samoa, so it was a delight as a Samoan and an Army veteran to be able to be at the ceremony with his family, and to congratulate him in person as he assumed command. His command of the Finance Corps is an impressive first for our people, and a milestone in a superb military career."

Le'iato is married to his wife Rima and they have four children. He has deployed in support of operations in Kosovo, Kuwait, Iraq, Afghanistan, and the Baltic States since commissioning in 1997. He was commissioned as a military intelligence officer, branch detailed to Armor, and transitioned to Finance.

A graduate of the University of Hawaii, he was the distinguished military graduate of the ROTC, and holds a Master of Business Administration and a Master of Strategic Studies.

From his Army biography, he served in variety of leadership and staff assignments that include G8, I Corps, Joint Base Lewis-McChord, WA; director, Strategic Operations & Integration Cell, Office of the Assistant Secretary of the Army for Financial Management and Comptroller, Pentagon, Washington, D.C.; J8 executive officer and J8 Plans & Operations Officer, Allied Joint Force Command, Naples, Italy; commander, 4th Special Troops Battalion, 4th Infantry Sustainment Brigade, Fort Carson, CO; comptroller and chief, Requirements, Support & Transformation Branch, U.S. Army Special Operations Division, Pentagon, Washington, D.C.; chief, Proponency and chief, Learning Innovation officer, United States Army Financial Management School, Fort Jackson, SC; executive officer, 15th Special Troops Battalion and Commander, 4th Financial Management Support Unit, 15th Sustainment Brigade, 1st Armored Division, Fort Bliss, TX; chief, Budget Branch, Command budget analyst and program manager, United States Army Special Operations Command, Fort Bragg, NC; commander, Beaumont Recruiting Company, Houston, TX; commander, Bravo Company, 126th Finance Battalion and S3 Chief Plans & Operations Officer, 18th Soldier Support Group, Fort Bragg, NC; Brigade S3 training officer, Mortar Platoon Leader, 1-36th Infantry Battalion and Tank Platoon Leader, 1-37th Armor Battalion, 1st Brigade, 1st Armored Division, Friedberg, Germany.

Le'iato's awards and decorations include the Legion of Merit (OLC), Bronze Star Medal, Defense Meritorious Service Medal, Meritorious Service Medal (4OLC), Army Commendation Medal (4OLC), Army Achievement Medal (2OLC), Airborne Badge, Air Assault Badge, Recruiter's Badge, Army Staff Identification Badge, and Netherlands & German Foreign Jump Wings. ***(PR)***

Nation

Harris now Democratic presidential nominee

WASHINGTON (AP)—Vice President Kamala Harris, a daughter of immigrants who rose through the California political and law enforcement ranks to become the first female vice president in U.S. history, formally secured the Democratic presidential nomination on Monday—becoming the first woman of color to lead a major party ticket.

More than four years after her first attempt at the presidency collapsed, Harris' coronation as her party's standard-bearer caps a tumultuous and frenetic period for Democrats prompted by President Joe Biden's disastrous June debate performance that shattered his own supporters' confidence in his reelection prospects and spurred extraordinary intra-party warfare about whether he should stay in the race.

» Will face off against Trump this fall

Just as soon as Biden abruptly ended his candidacy, Harris and her team worked rapidly to secure backing from the 1,976 party delegates needed to clinch the nomination in a formal roll call vote. She reached that marker at warp speed, with an Associated Press survey of delegates nationwide showing she locked down the necessary commitments a mere 32 hours after Biden's announcement.

Harris' nomination became official after a five-day round of online balloting by Democratic National Convention delegates ended Monday night, with the party saying in a statement released just before midnight that 99% of delegates casting ballots had done so for Harris. The party had long contemplated the early virtual roll call to ensure Biden would appear on the ballot in every state. It said it would next formally certify the vote before holding a celebratory roll call at the party's convention later this month in Chicago.

An Associated Press-NORC Center for Public Affairs Research poll conducted after Biden withdrew found 46% of Americans have a favorable view of Harris, while a nearly identical share has an unfavorable view of her. But more Democrats say they are satisfied with her candidacy compared with that of Biden, energizing a party that had long been resigned to the 81-year-old Biden being its nominee against former President Donald Trump, a Republican they view as an existential threat.

Already Harris has telegraphed that she doesn't plan to veer much from the themes and policies that framed Biden's candidacy, such as democracy, gun violence prevention and abortion rights. But her delivery can be far fierier, particularly when she invokes her prosecutorial background to lambast Trump and his 34 felony convictions for falsifying business records in connection with a hush money scheme.

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World

Ukraine intensifies long-range strikes

KYIV, Ukraine (AP)—Ukraine has sunk a Russian submarine and hit a Russian airfield in the past 24 hours, in line with a surge of long-range attacks against Russian targets, officials said. Russia said Ukrainian drones also hit an apartment building, killing one person.

The uptick in attacks since July comes as Ukraine mounts pressure on allies to allow it to use long-range missiles to strike targets in Russia. Western allies, in particular the U.S., have so far resisted, fearing escalation from Moscow.

Ukraine struck a Russian Kilo-class submarine and an S-400 anti aircraft missile complex in the Moscow-occupied Crimean peninsula, according to a statement from the General Staff on Saturday. The air defense system was established to protect the Kerch Strait Bridge, an important logistics and transport hub supplying Russian forces.

Units of the missile forces, as well as the Navy, damaged four launchers of the Triumph air defense system, while in the port of Sevastopol, the "Rostov-on-Don"—a submarine of Russia's Black Sea fleet—was attacked and sank, the statement said.

The General Staff also confirmed that Ukrainian forces struck the Morozovsk airfield in the Rostov region after launching a massive drone barrage on Russia. Hits were recorded in warehouses with ammunition, where guided aerial bombs were stored. The operation was carried out by the Security Service of Ukraine, the Main Directorate of Intelligence and the Defense Ministry, the statement said.

» Sinks Russian submarine, strikes an airfield

Meanwhile, Belgorod Gov. Vyacheslav Gladkov said that a woman was killed in a Ukrainian drone strike on an apartment building in the town of Shebekino early Sunday. Ukrainian drones also damaged several other buildings in the town, he said.

Gladkov said eight civilians have been wounded in the region by Ukrainian shelling and dozens of drone strikes since the previous day.

In the span of a month, Russia has experienced a surge in the tempo of Ukrainian drone barrages and long-range attacks, targeting Russian military infrastructure, including airfields and oil depots. Analysts say such an intensification is needed if Ukraine is to degrade Russian capabilities.

Proxy forces armed by Iran could take part in retaliation vs. Israel

DUBAI, United Arab Emirates (AP)—As Iran threatens to respond to the suspected Israeli assassination of Hamas leader Ismail Haniyeh in Tehran, the regional militias that the Islamic Republic has armed for decades could play a role in any attack.

Here's a look at Iran's history of arming militias, its allies in the region and what part they could play.

Iran's policy of arming militias took root in the aftermath of the 1979 Islamic Revolution. Before it, the U.S. provided major weapon systems including F-14 Tomcat fighter jets to the government of Shah Mohammad Reza Pahlavi. After the revolution and the U.S. Embassy hostage crisis, those shipments and needed maintenance programs stopped. Iran's eight-year war with Iraq in the 1980s destroyed much of its arsenal. International sanctions on Iran, including over its nuclear program, also have kept it from receiving new arms while Israel and Gulf Arab states allied with the U.S. have received advanced weapons. While developing its own missile program, Iran can't match those sophisticated weapons. It relies on militias as an asymmetric threat to squeeze both Israel and the United States.

Iran's arming began in earnest in the 1980s with Shiite forces in Lebanon fighting against Israel. They became the Hezbollah militia. The arming expanded with the 2003 U.S.-led invasion of Iraq that toppled dictator Saddam Hussein, a longtime foe of Tehran. Iran strongly backed Syrian President Bashar Assad in his country's long war. And Iran has continued when the opportunity has arisen, even arming Sunni militants while viewing itself as the world's defender of Shiite Muslims. Those relationships are managed by Iran's paramilitary Revolutionary Guard, one of the most powerful armed groups in the Middle East.

The militias in Iran's self-described "Axis of Resistance" include these:

In Iraq, Iran supported a slew of forces that mobilized in 2014 to battle the Islamic State group. Those state-sanctioned, mainly Shiite militias, known as the Popular Mobilization Forces, have grown into a powerful political faction, armed with rockets, drones and other weaponry. The International Institute for Strategic Studies puts their strength at some 180,000 fighters. Other smaller or little-known militant groups have emerged and claimed attacks against U.S. forces as well amid this Israel-Hamas war. Iran-backed armed groups attacked U.S. personnel in Iraq more than 60 times between October and Feb. 4, according to the Congressional Research Service. The deadliest came on Jan. 28, when the U.S. said a drone launched by Iranian-backed Iraqi militias hit a facility known as Tower 22 in Jordan on the Syrian border, killing three American troops and wounding dozens of others.

Life & Style

Snoop Dogg has exploded on the Olympics' global stage

PARIS (AP)—Snoop Dogg steps out of a sleek black SUV, his entourage in tow, as a Parisian crowd erupts into chants of "Snoop, Snoop, Snoop!" outside the NBC set.

Decked out in a custom-made, Noah Lyles-themed USA sweatsuit, the ultra-smooth entertainer glides past the adoring fans with flashing phone cameras into the Musee de l'Homme. Inside, his longtime friend Martha Stewart greets him with a hug. They chat, clink champagne glasses and then he "crip walks" onto the set to film a Sunday night segment.

OK, the show can start—Snoop has arrived. Literally.

At the Paris Games, grand entrances have become the norm in Snoop's spectacular Olympic life.

"When the lights are on, that's when I shine the best," he told The Associated Press after returning from watching Lyles' historic victory in the 100-meter sprint and filming a primetime segment with Mike Tirico and Stewart, a surprise guest.

"This opportunity was nothing but a chance for me to show the world what it's supposed to look like when you put the right person in the right environment," Snoop said.

AP

U.S. artist Snoop Dogg attends a women's beach volleyball match between The United States and France at the 2024 Summer Olympics, Wednesday, July 31, 2024, in Paris, France.

Snoop, 52, has become the star of the Paris Games, ascending to new heights with several memorable moments. He's carried the Olympic torch, captivated audiences as NBC's prime-time correspondent, swam with Michael Phelps, attended a U.S. women's soccer game with Megan Rapinoe, danced with Simone Biles and Jordan Chiles, and cheered on Caeleb Dressel alongside the swimmer's wife and son.

The rap icon is currently in his comfort zone. And sleep? Even that's having a hard time catching up with the on-the-go multihyphenate entertainer.

"It's more about relaxing rather than sleeping because I'm having so much fun," he said. "This ain't the town to sleep in. This ain't the time to sleep. This is time to be on it like you want it. It's different events happening day and night. I want to be active with everything, because I love the American athletes and competition. This is what I'm here for."

Stewart said she's extremely proud of how Snoop is successfully taking on the challenge. She was impressed by his ability to genuinely connect with Olympians and their family members.

Bloomberg apologizes for premature story on prisoner swap

Bloomberg News apologized and disciplined employees on Monday for prematurely publishing a story last week that revealed a prisoner exchange involving the United States and Russia that led to the release of detained American journalist Evan Gershkovich.

Bloomberg's story, released before the prisoners had actually been freed, violated the company's ethical standards, John Micklethwait, Bloomberg's editor-in-chief, said in a memo to his staff.

The company would not say how many employees were disciplined and would not identify them. The story carried the bylines of Jennifer Jacobs, senior White House reporter for Bloomberg News, and Cagan Koc, Amsterdam bureau chief.

» Disciplines the journalists involved

"We take accuracy very seriously," Micklethwait said in the memo. "But we also have a responsibility to do the right thing. In this case we didn't."

Besides Wall Street Journal reporter Gershkovich, the exchange freed Paul Whelan, a Michigan corporate security executive jailed since 2018, and Alsu Kurmasheva, a journalist with dual U.S.-Russia citizenship. In return, the U.S. and other countries gave up Russians who had been charged or convicted of serious crimes.

Gershkovich's imprisonment on espionage charges that his family and newspaper denied attracted particular attention in the journalism community, and the Journal campaigned vigorously for his release. Word of the deal had begun to spread among people familiar with the cases and the White House briefed reporters about it on an embargoed basis — meaning the journalists agreed not to release the information until given an official go-ahead.

Officials wanted to keep the news under wraps until the prisoners were safely released into U.S. custody for fear that public knowledge could scuttle the deal, and the Bloomberg story was published while a plane carrying them was flying to a drop-off point.

"This was not about a broken embargo," The Wall Street Journal said in a statement Monday. "It was a report that Evan had been freed when in fact he had not yet been. We're happy that Bloomberg corrected it."

AP

Reporter Evan Gershkovich hugs his mother Ella Milman, left, at Andrews Air Force Base, Md., following his release as part of a 24-person prisoner swap between Russia and the United States, Aug. 1, 2024.

Jacobs, in a statement issued on X, said that at no time did she do anything inconsistent with the embargo or that knowingly would put anyone at risk. She also noted that reporters don't have the final say over when a story is published or with what headline.

"As a journalist, the idea that I would jeopardize the safety of a fellow reporter is deeply upsetting on a level that's difficult to describe," Jacobs said. "I am so happy that Evan Gershkovich and the others are home."

The initial Bloomberg story, which moved at 7:41 a.m. on Thursday, said that Russia was releasing Gershkovich and Whelan as part of a major prison swap, "according to people familiar with the situation." It was updated more than an hour later to say that the prisoners had not yet been released.

The White House officially lifted its embargo at 11:33 a.m.

Bloomberg's story put pressure on other news outlets to try to match it through other sources, without breaking the terms of the embargo agreements. The Associated Press, for example, sent an alert at 10:41 a.m. that Gershkovich and Whelan were being freed, quoting Turkish officials.

Father-figure boyfriend's addiction is a deal-breaker

DEAR ABBY: I have been with my live-in boyfriend, "Kyle," for four years. He has many great qualities, the most important of them being he fully accepts my daughter as his own. He doesn't see her as his "girlfriend's kid" or even a "stepchild." She has no contact with her biological father or any of his family and has blossomed as a person since Kyle has been in the picture.

The problem is, he likes to message women online through various dating and hook-up sites and share sexually explicit pictures and messages. He has never met any of them in person. I have confirmed this. He states he just likes the thrill and attention.

I have expressed multiple times that I consider this a betrayal. I honestly thought he had turned over a new leaf, but I have just discovered his behavior is continuing. I'm heartbroken, but I worry about what splitting up would do to my daughter.

When I left her biological father, she had some major behavioral and emotional issues. I can't bear the thought of putting her through that again. She would not only lose her father figure but also his extended family that has fully embraced her. Do I tough it out until she's 18, or do I leave now?

HEARTBROKEN IN OKLAHOMA

DEAR HEARTBROKEN: I wish you had mentioned how old your daughter is. If she's in her mid-to-late-teens, she is old enough to understand that you cannot let the romance continue as it is. If she's not yet in her teens, line up a licensed therapist to help you cope with the fallout that happened after your divorce.

Your partner may be a sex addict, which would account for his behavior and his inability to stop. What he has been doing IS a betrayal, and when to draw the line depends upon your tolerance for pain.

P.S. Are you staying with him only to avoid upheaval for your daughter? You must do what's best for her and YOU. There are resources that address sex addiction. Would he agree to try?

■■■

DEAR ABBY: My mother has been a drinker for many years, but the past few years it has escalated. She and her partner drink heavily during the day on a daily basis. They embarrass themselves at family gatherings and don't remember conversations.

I live out of state, and 90% of the time I talk with my mom, she is drunk. Family members are concerned, and it is affecting their relationships, but I don't think Mom and her partner recognize it. I have tried talking with her about it and so has my aunt. She avoids the conversation and pretends like it never happened.

She's now in her 70s and retired. I'm not sure there's anything we can do. I'm having a hard time talking with her when she's drunk, and we are drifting apart because of it. Do you have any advice?

TIRED OF IT IN ILLINOIS

DEAR TIRED: It isn't surprising that you and your mother are drifting apart. Dealing with an addict who is in denial is impossible. As much as you would like to, you can't "fix" your mother or her drinking buddy.

You can, however, save yourself tears and worry by finding a chapter of Al-Anon in your community and attending some meetings (al-anon.org/info). Once you start searching, you will find they are everywhere. Al-Anon, an offshoot of AA, was created for family members and others who are affected by an alcoholic's addiction.

It is important for your own well-being that you do not shoulder responsibility for what is happening with your mother. Once you meet other adults who are coping with the same problems you are, you will understand that.

■■■

To receive a collection of Abby's most memorable—and most frequently requested—poems and essays, send your name and mailing address, plus check or money order for $8 (U.S. funds) to: Dear Abby—Keepers Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Shipping and handling are included in the price.)

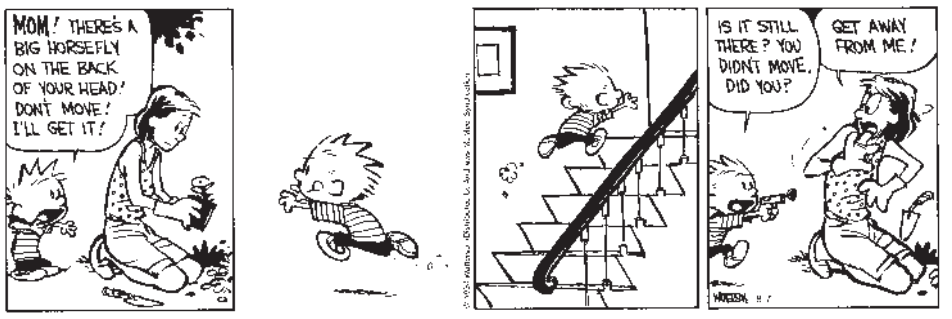
DEAR ABBY
BY ABIGAIL VAN BUREN
UNIVERSAL PRESS SYNDICATE

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

Pastimes

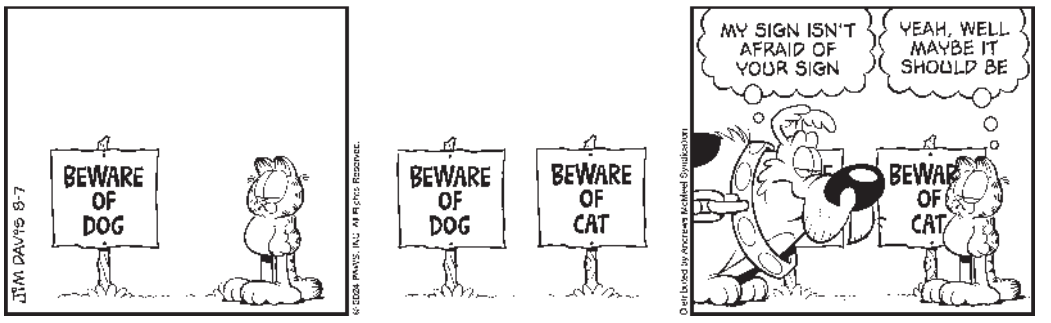
Calvin and Hobbes

By Bill Waterson


MOM! THERE'S A BIG HORSEFLY ON THE BACK OF YOUR HEAD! DON'T MOVE! I'LL GET IT!
IS IT STILL THERE? YOU DIDN'T MOVE. DID YOU?
GET AWAY FROM ME!

Garfield®

By Jim Davis



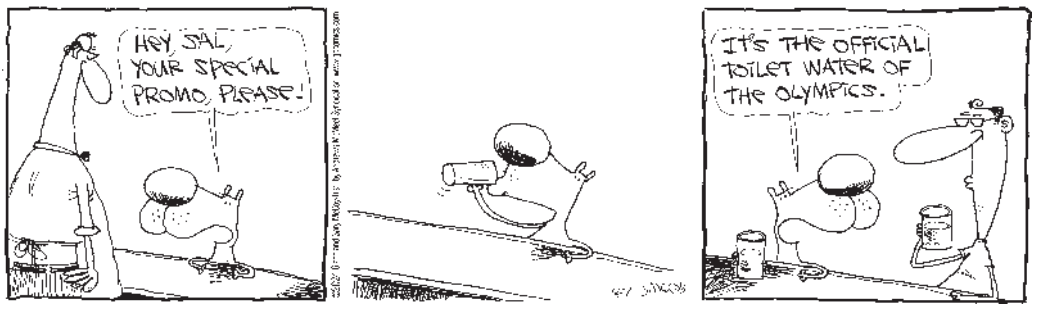
Adam@home

By Bryan Basset

OKAY. I ORDERED A TON OF COFFEE BEAN SAMPLE BAGS.
TO MAKE YOUR "ADAM'S COFFEE" BLEND?
YEAH. IT'S A LOT OF BAGS. AND THEY'LL NEED TO BE IN A TEMPERATURE-CONTROLLED SPACE.
OKAY. WHAT ARE YOU THINKING?
HOW WOULD YOU FEEL ABOUT MOVING TO THE SHED FOR A FEW WEEKS?
HOW WOULD YOU FEEL ABOUT GIVING ME A 60/40 SPLIT OF THE PROFITS?

The Duplex

By Glenn McCoy



CROSSWORD

By Eugene Sheffer

ACROSS

1 Rds.
4 Actor Penn
7 Optimist's credo
8 Stop-watch
10 Skater Ohno
11 Flared skirts
13 "Amazing, don't you think?"
16 Billboards
17 Whizzes (by)
18 —-friendly
19 Type of diagram
20 Homer's son
21 Mexican artist Kahlo
23 Sudden onrush
25 Oz creator L. Frank —
26 "Call on me, please!"
27 Dadaist Jean
28 UCLA player
30 Capitol VIP
33 "Enough said"
36 Beau
37 From Dublin
38 Coffee bar order
39 Speeding penalty
40 French article
41 Nemesis

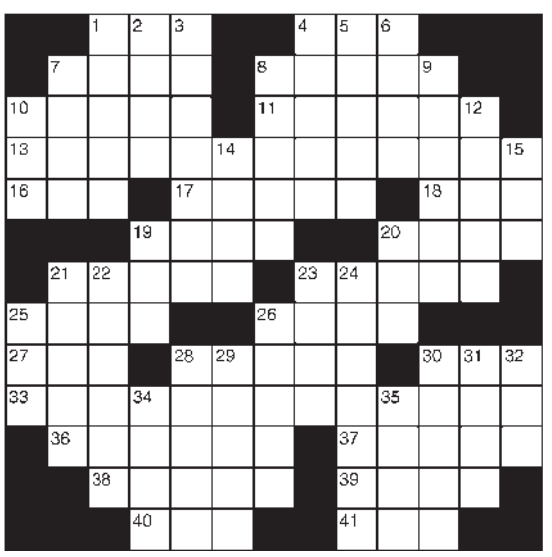
DOWN

1 Garbage barges
2 Body powder
3 Dozed off
4 Turkish rug
5 Out of whack
6 Fast time
7 Apple product
8 Claw
9 Warm up anew
10 "Caught ya!"
12 "— bleu!"
14 Actress Chaplin
15 Young-ster
19 Pep
20 "Hum-bug!"
21 Taxi costs
22 "Drag Race" host
23 Actor LaBeouf
24 Pope
25 Bank account amt.
26 Uncon-ventional
28 Midler of "Beaches"
29 Mob scenes
30 Glisten
31 Lighten
32 To the — degree
34 Test tube
35 Sextet half

Solution time: 23 mins.

C	R	A	M		U	M	P		O	P	E	L		
R	O	L	E		N	A	E		M	U	I	E		
O	M	A	R		C	A	N	B	E	R	R	A		
C	A	N	C	E	L	S		E	L	L	E	N		
			F	V	F		T	A	F					
B	A	S	R	A		C	A	N	T	E	E	N		
C	H	C			J	A	M			A	N	O		
C	A	N	D	I	E	D		B	A	U	E	R		
			O	A	T		M	E	R					
S	L	A	N	G		C	A	N	A	S	T	A		
C	A	N	O	O	D	L	E		B	A	K	U		
A	V	E	R		N	O	V		I	R	O	N		
M	E	W	S		A	F	E		C	A	S	T		

Yesterday's answer 8-7



STUMPED? For answers to today's crossword, call **1-900-226-5955!** 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features service, NYC.

CELEBRITIES BORN ON THIS DAY: Mike Trout, 33; Charlize Theron, 49; David Duchovny, 64; Wayne Knight, 69.

Happy Birthday: Head in a direction that offers contentment and joy. It's up to you to take responsibility for your happiness and to build a life that encourages gratitude for all you have. Fill your life with possibilities, hopes and dreams, and refuse to let negative people set the narrative for what's to come. Bask in your ability to shine, entertain and be the one to light the way for loved ones. Your numbers are 3, 15, 21, 26, 32, 40, 48.

ARIES *(March 21-April 19):* Open a dialogue with someone who can offer suggestions regarding something that might enrich your life. Make learning, traveling and participating your priorities, and the connections you make will help send you in a beneficial direction. A change made in secret will have a bigger impact when complete. ✪✪✪

TAURUS *(April 20-May 20):* Keep things moving forward. Use your ingenuity and charm to get others to do things for you. A sincere gesture will encourage positive change and help to finish what you started. Love and romance are favored, and socializing will lead to unexpected options. ✪✪✪✪

GEMINI *(May 21-June 20):* Keep moving in a positive direction. Refrain from letting anyone talk you into changing course to enhance their needs instead of yours. Emotional matters will escalate due to misinformation, criticism and guilt. Slow down and evaluate whatever situation you face before you choose a path forward. ✪✪

CANCER *(June 21-July 22):* Recognize opportunities and lock into investments, contracts and deals that benefit you. Your chance to get ahead will unfold if you use discipline and originality to muster up an idea or plan that speeds up productivity. Communication will change how you feel and relate to others. ✪✪✪✪

LEO *(July 23-Aug. 22):* Take pride in your work, and spread joy to those you encounter. The impact you have on others is dependent on how you react. Put your energy where it will do some good. Use your skills and originality to find solutions and make a difference in your community. ✪✪✪

VIRGO *(Aug. 23-Sept. 22):* Chomp down on debt and unfinished business. Enforce change to help regain emotional equilibrium and free you from the burden and stress holding you back. Refuse to let anyone mislead or take advantage of you or what you have worked so hard to achieve. ✪✪✪

LIBRA *(Sept. 23-Oct. 22):* Live, learn and eliminate negativity. Step away from trouble, drama and manipulative situations. Assess what's important to you, and surround yourself with people who share your concerns. Search for novel ways to rectify problems. ✪✪✪

SCORPIO *(Oct. 23-Nov. 21):* Stop worrying and start doing. Diversify and use your skills, experience and knowledge to find a path that excites you. Refuse to let what others do interfere in pursuing what makes you feel good about yourself and gives you hope for a better future. ✪✪✪✪

SAGITTARIUS *(Nov. 22-Dec. 21):* Look for opportunities, and invest in yourself. Keep your intentions a secret until you have everything in place. The only joint venture to consider must guarantee financial support, not input or control. Trust your instincts. ✪✪✪

EUGENIA LAST

THE LAST WORD IN ASTROLOGY

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CAPRICORN *(Dec. 22-Jan. 19):* You are in a better position than you realize. Don't hesitate; strike while the iron is hot and the opportunity promises the highest return. Uncertainty is the enemy, and those raising issues will cause confusion. Know what you want. ✪✪✪✪

AQUARIUS *(Jan. 20-Feb. 18):* Evaluate the efficiency of your home and change what isn't working for you. Call on those you can rely on for input, and you'll speed up the process and encourage good results. A confident attitude will inspire you to use your skills to promote something you enjoy doing. ✪✪✪

PISCES *(Feb. 19-March 20):* Change what isn't working for you, and it will help you discover an exciting passage forward. Expect criticism from someone your words or actions threaten. It's time to follow your heart instead of bending to other's emotional whims. Trust your instincts. ✪✪✪

Birthday Baby: You are energetic, determined and systematic. You are proactive and generous.

✪: Avoid conflicts; work behind the scenes. ✪✪: You can accomplish, but don't rely on others. ✪✪✪: Focus and you'll reach your goals. ✪✪✪✪: Aim high; start new projects. ✪✪✪✪✪: Nothing can stop you; go for gold.

SUDOKU

Conceptis Sudoku *By Dave Green*

1		4	8	2			5	
		2	7					
			4	1				
3	1		2			5		9
	5	6						8
	2	7	1	5	8		6	
		5		8	2			
7		1		3			8	
								6

Difficulty: ★★★ 8/7

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Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Saturday.

Yesterday's Answer

5	8	3	9	1	6	7	2	4
7	1	2	8	5	4	9	6	3
9	6	4	3	2	7	5	8	1
8	9	6	4	7	3	2	1	5
1	3	7	5	9	2	8	4	6
2	4	5	1	6	8	3	7	9
6	5	9	2	8	1	4	3	7
3	2	1	7	4	5	6	9	8
4	7	8	6	3	9	1	5	2

Difficulty: ★★ 8/6

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WONDERWORD®

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the **WONDERWORD.**

TODAY'S WORD IS 'PRISMATIC' **Solution: 10 letters**

L	U	M	I	N	O	U	S	S	A	P	M	O	C	M
R	I	N	B	R	I	G	H	T	E	L	U	M	A	I
A	R	G	I	E	S	P	A	R	K	L	E	K	R	R
E	I	E	H	V	A	T	U	S	L	L	E	H	S	R
P	D	C	V	T	E	M	N	R	E	U	L	S	R	O
E	E	B	L	L	F	R	L	E	P	A	E	H	A	R
R	S	R	I	O	I	W	S	W	T	L	S	I	D	E
S	C	O	O	C	U	S	O	E	S	I	E	M	I	T
P	E	N	F	N	T	D	M	L	L	T	R	M	A	A
E	N	Z	O	D	A	V	S	O	G	A	A	E	N	W
C	T	E	I	H	I	M	P	L	R	H	S	R	T	O
T	N	V	S	S	A	L	A	E	I	O	C	E	S	D
I	I	E	U	E	I	S	N	P	A	I	N	T	R	N
V	Y	A	L	A	S	C	I	T	S	I	T	R	A	I
E	L	G	N	A	T	C	E	R	A	I	N	B	O	W

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Amulet, Artistic, Beam, Bright, Bronze, Clouds, Compass, Eyeshadow, Foil, Glass, Gleam, Glow, Iridescent, Laser, Light, Luminous, Makeup, Metal, Mirror, Nail Polish, Neon, Paint, Pearl, Perspective, Purple, Radiant, Rainbow, Rare, Rectangle, Shells, Shimmer, Silver, Sparkle, Stars, Tent, Universe, Visual, Vivid, Watch, Water, Window

Yesterday's Answer: Yellow

The NEW Wonderword Grand Millennium #1 in LARGE PRINT is now available at www.WonderWordBooks.com or call 1-800-642-6480. (In Canada, call 1-855-232-2367)

Biles closes out with her 11th career medal—a silver in floor exercise

PARIS (AP)—Simone Biles wrapped up her final day of the Paris Olympic s with more hardware for the greatest gymnast of her generation.

The woman who didn't think she'd even be here a couple years ago will leave Paris—and perhaps her final Olympics—with three golds and a silver, earned Monday when she placed second in the floor exercise.

It marked the first time in her career that Biles did not win the floor exercise at a major competition. She finished second to Rebeca Andrade of Brazil. Third went to American gymnast Jordan Chiles, who was bumped to bronze when the U.S. coaches asked for a review of her degree of difficulty on the routine.

The review changed her score just enough to push her onto the podium, where the three Black women posed together four days after Biles, Andrade and Sunisa Lee, who is Hmong-American, stood in the same spot following the all-around. Their collective success is symbolic of a sport that is becoming more diverse and more inclusive at the highest level.

Prior to the floor exercise, Biles and Lee failed to medal on the balance beam. Both gymnasts made mistakes and wondered if Paris organizers' decision not to play music during the events created a distracting eerie silence.

Biles is now an 11-time Olympic medalist and hasn't ruled out trying to compete in Los Angeles in 2028.

A look at some of the highlights of Day 10 of the Paris Olympics:

Lyles breezes through 200 heat

Noah Lyles had no problem in his opening 200-meter heat. It was a 20.19-second, no-drama romp around the curve that was routine. So, nothing like his photo finish .005-second victory in the 100 on Sunday night.

Lyles beat defending Olympic champion Andre De Grasse of Canada in the 200 by .11 seconds.

Lyles is trying to become the first man to double since Usain Bolt did it for the third time at the Rio Games in 2016. Carl Lewis is the last U.S. man to pull it off in the 100-200, back in 1984 in Los Angeles.

AP

Jordan Chiles, of the United States, and Simone Biles, left, show off their medals after the women's artistic gymnastics individual apparatus finals Bercy Arena at the 2024 Summer Olympics, Monday, Aug. 5, 2024, in Paris, France.

Also advancing in the 200 were Americans Erriyon Knighton (20.00) and Kenny Bednarek, who ran 19.97 and could very well be Lyles' biggest challenger for the final on Thursday.

Valarie Allman made it back-to-back golds as the American won women's discus. She also won at the Tokyo Games.

Allman fouled on her first attempt, landing the discus wide of the right-side boundary, but took the lead on her second try with a throw of 68.74. She put the competition totally out of reach with a 69.50 on her fourth attempt.

Also, Keely Hodgkinson gave Britain its first athletics gold medal of the Paris Olympics by winning the women's 800-meter final.

The victory made the 22-year-old Hodgkinson the third British woman to win Olympic 800-meter gold, joining Anne Packer at the 1964 Tokyo Games and Kelly Holmes in Athens in 2004.

US has mixed results in beach volleyball

Two U.S. teams fell on the sand at Eiffel Tower Stadium, with Taryn Kloth and Kristen Nuss losing to Canada in the women's quarterfinals a few hours after Chase Budinger and Miles Evans lost to Norway in the men's.

Only Miles Evans and Andy Benesh advanced on the day, joining Kelly Cheng and Sara Hughes in the elite eight.

Kloth and Nuss are ranked No. 2 in the world, and Nuss said she was "definitely a little heartbroken."

Brandie Wilkerson and Melissa Humana-Paredes beat Nuss and Kloth 21-19, 21-18, leaving the country that has won four of the last five women's gold medals with just one team in the bracket.

Budinger, a former NBA player, and Evans lost in straight sets to Norway, the defending Olympic champions. Already at Paris, five-time Olympian and Rio de Janeiro gold medalist Laura Ludwig of Germany has been eliminated, and the 42-year-old Herrera has said he will retire.

Swimming in the Seine

The Seine River was determined safe enough to swim in and Olympic triathletes plunged into the murky water for the mixed relay event after organizers said bacteria levels in the long-polluted Paris waterway were at acceptable levels.

The plan to hold the swimming portion of the triathlons and the marathon swimming events in the Seine was an ambitious one as swimming in the river has, with some exceptions, been off-limits since 1923 because it has been too toxic.

Water quality tests were reviewed Sunday night and the results indicated the water quality at the triathlon site had improved over the preceding hours and was within the limits mandated by World Triathlon by Monday morning.

In a very close sprint finish, the team from Germany won the gold medal in the team relay. The United States took silver and Britain clinched bronze.

The decision to allow the event to go forward with swims in the Seine came after Belgium's Olympic committee announced Sunday that it would withdraw its team from the mixed relay triathlon after one of its competitors who swam in the river last week fell ill. Another three triathletes—of the more than 100 who competed in the men's and women's races last Wednesday—became sick in the following days, though it's unclear whether the water was to blame.

Spain reaches second straight Olympic soccer final

Juanlu Sanchez came off the bench to lift Spain into a record-equaling fifth Olympic men's soccer final. Sanchez scored in the 85th minute at Stade de Marseille to seal a 2-1 win over Morocco.

Spain will face host France in the final on Friday. France advanced with a 3-1 victory over Egypt in the second semifinal.

Morocco led 1-0 at halftime after the tournament's leading scorer Soufiane Rahimi converted a penalty in the 37th.

Spain evened the score in the 65th after Fermin Lopez showed quick feet in the box and fired a left-footed shot low in the bottom corner. It was the Barcelona midfielder's fourth goal of the tournament and over-exuberant celebrations earned him a yellow card after kicking the corner flag and breaking it in two.

It was Lopez's assist that set up Sanchez to sweep his winning goal low into the far corner.

Spain, which won gold at the 1992 Barcelona Olympics, lost in the final at the Tokyo Games three years ago to Brazil.

British cyclists set world record in women's team sprint

The British trio of Katy Marchant, Sophie Capewell and Emma Finucane shattered the world record in the women's team sprint while beating New Zealand in a head-to-head showdown for the gold medal to open the track cycling program.

In the three-lap race, the British trio trailed Rebecca Petch, Shaane Fulton and Ellesse Andrews after the first 250 meters. But they quickly pulled ahead after the second lap, then blitzed the last to finish in 45.196 seconds, earning their nation's first medal inside the Vélodrome National de Saint-Quentin-en-Yvelines.

Despite its proud sprinting tradition, the British had repeatedly missed the podium since the event's debut in 2008.

Nemour of Algeria wins the gold in uneven bars, Lee takes bronze

PARIS (AP)—Kaylia Nemour of Algeria delivered the country's first Olympic gold medal in gymnastics, putting together a thrilling routine in the uneven bars final on Sunday to edge Qiu Qiyuan of China.

Sunisa Lee of the U.S. picked up her third medal in Paris and sixth of her Olympic career by grabbing bronze, exactly where she finished in Tokyo three years ago.

Nemour is French and still trains in France but switched to compete for Algeria following a dispute with the French gymnastics federation and Nemour's club of Avoine Beaumont, which has led the gymnast to embrace her father's Algerian nationality.

The 17-year-old is a wonder on bars, swooping from one to the other with a series of releases and intricate hand maneuvers that are both athletically and technically demanding.

Nemour needed to rely on all those skills to edge Qiu, who put on a clinic during her set. Her legs were practically magnetized together during her routine and she was so straight on her handstand she looked like a ruler. Qiu hugged her coaches after her dismount and the crowd erupted when her 15.5 was posted.

Nemour scored 15.7, tied for the highest score of the meet in any event.

While Nemour competes under a different flag—she draped the Algerian banner behind her after clinching her victory—she was very much on home soil. A raucous ovation followed after she won the first-ever gymnastics medal for Algeria.

Lee has spent much of the last 15 months dealing with multiple kidney diseases that have limited her training. She didn't really get serious about Paris until December. And seven months later she's already picked up three medals after helping the Simone Biles-led U.S. women claim team gold last Tuesday. Lee followed it up two days later with a bronze in the all-around behind Biles and Rebeca Andrade of Brazil.

Lee's six medals leave her one behind Shannon Miller for the second most by an American gymnast. Lee could match Miller in the balance beam final on Sunday.

More gold for Philippines' Yulo

The Philippines had just one gold medal in the history of the Olympics on Saturday morning.

By Sunday afternoon, Carlos Yulo had pushed that total to three.

Yulo gave the Philippines its second gold in 24 hours by delivering another spectacular performance in the men's floor final. Yulo's two-vault average of 15.116 was good enough to top Artur Davtyan of Armenia and Harry Hepworth of Britain.

Liu grabs gold again

Liu Yang of China defended his Olympic gymnastics title on still rings, posting a score of 15.300 to edge teammate Zou Jingyuan in the finals.

The 29-year-old Liu is the third man to win multiple Olympic titles in an event that requires strength and impeccable body control, joining Albert Azaryan of Russia and Akinori Nakayama of Japan.

Eleftherios Petrounias of Greece earned the bronze. Petrounias has won a medal on rings in three straight Games. He was the champion in 2016 in Rio de Janeiro and a bronze medalist in Tokyo three years ago.

The difference between Liu's 15.300 and Zou's 15.233 came on the dismount. Zou hopped a couple of times after hitting the mat while Liu's bounce was considerably smaller.

Samir Ait Said of France finished fourth, eight years after memorably breaking his left leg on vault in Rio. Said, who already has committed to trying to make it to Los Angeles 2028, roared after his dismount in front of a highly partisan crowd inside Bercy Arena. The crowd met Said's score of 15.000 with whistles of displeasure.

Manaea pitches scoreless ball in 2nd straight start, Mets beat Cards

ST. LOUIS (AP)—Sean Manaea won consecutive starts for the first time this season, Tyrone Taylor hit a three-run double from the No. 2 slot in the batting order and the New York Mets beat the St. Louis Cardinals 6-0 Monday in the makeup of a May 8 rainout.

"We went out and battled and did a good job," Taylor said. "That was cool, hitting second."

Manaea (8-4) allowed six hits in seven innings, struck out 10 and walked none. He has pitched 14 scoreless innings in his last two starts, giving up eight hits, striking out 21 and walking one.

"I'm getting ahead of guys," Manaea said. "I'm using my fastball and my sweeper. My sweeper has been good. I'm gaining more confidence in the sweeper."

New York has won eight of his last 10 starts.

"He had complete control of the game," Mets manager Carlos Mendoza said. "With the fastball and sweeper, he was attacking hitters and getting ahead."

Ryne Stanek and Edwin Díaz finished with hitless relief in the Mets' fourth shutout -- all from July 11 on.

New York (59-53) won the season series 4-2 and holds the tiebreak advantage over the Cardinals should it be needed to determine a wild-card berth or postseason homefield advantage. The Mets are 10-7 since the All-Star break.

Jeff McNeil hit his 10th home run for New York, his sixth since the start of July.

St. Louis (57-56) has lost four of five and has dropped 16 of its last 24 games against left-handed starters. It was the fourth time the Cardinals have been shut out this season, all on getaway day games.

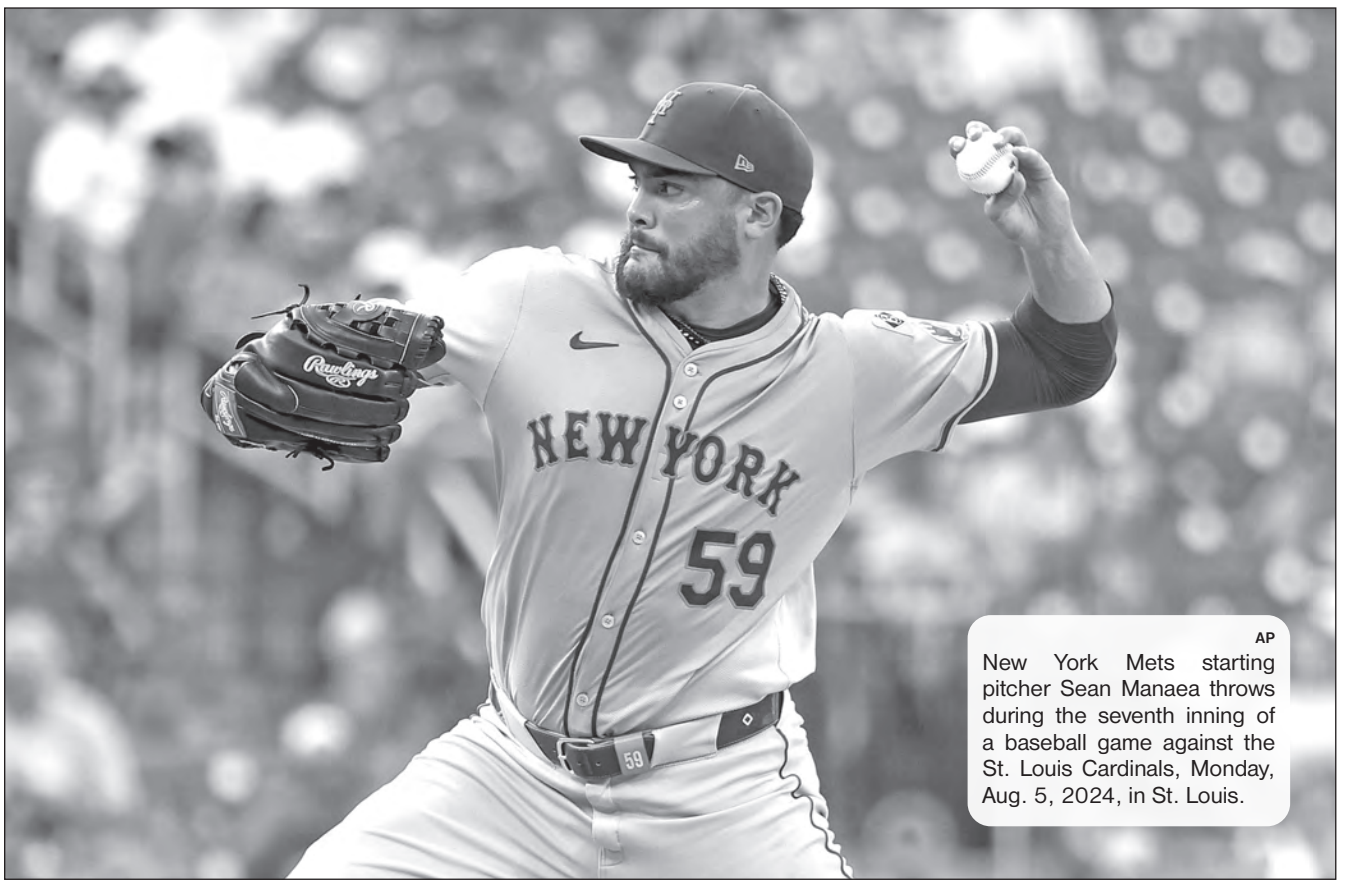
Andre Pallante (4-6) gave up five runs, five hits wand two wild pitches in 4 2/3 innings. He entered with a 0.93 in seven career relief appearances against the Mets.

"I didn't have a great feel for my curveball today," Pallante said. "That's my best putaway pitch and not having that hurt me a lot."

Pete Alonso walked and scored on a wild pitch in the second inning.

Former Cardinal Harrison Bader was given an ovation before his first at-bat and hit an RBI double in a four-run fifth that included a double into the right-field corner by Taylor, who was moved ahead of Brandon Nimmo, J.D. Martinez and Pete Alonso in the batting order.

"I came here last year as a Yankee. To see everybody stand up there, it really does mean the world to me," Bader said. "There's so much love in this city. This is a cathedral to play in especially when you're in center field. It makes me very emotional."



AP

New York Mets starting pitcher Sean Manaea throws during the seventh inning of a baseball game against the St. Louis Cardinals, Monday, Aug. 5, 2024, in St. Louis.

McNeill homered in the sixth off Shawn Armstrong, acquired from Tampa Bay on July 30 for outfielder Dylan Carlson. Nine of his 10 homers have come on the road.

GIANTS 4, NATIONALS 1

WASHINGTON (AP)—Matt Chapman homered in his third straight game, Logan Webb pitched into the sixth inning and San Francisco beat Washington.

The Giants have won nine of their past 12 games and at 57-57 have reached the .500 mark for the first time since they entered play on June 1 at 29-29 before an eventual loss to the Yankees.

San Francisco's Tyler Fitzgerald had two hits and went deep for the second straight game. He has homered in 10 of his past 17 games, with 11 homers total.

Webb (9-8), coming off a five-hit shutout against the A's, allowed a run on four hits over 5 2/3 innings. He struck out four and walked three while throwing 95 pitches. Camilo Doval struck out the side in the ninth for his 21st save.

Washington starter Patrick Corbin (2-12), who was seeking his 100th career win, allowed four runs on seven hits in six innings.

REDS 10, MARLINS 3

MIAMI (AP)—Elly De La Cruz became the youngest Cincinnati player with four extra-base hits in a game since at least 1901 and the Reds overcame Jesús Sánchez's 480-foot home run, the longest in the major league this season, in a 10-3 win over Miami.

Nick Martinez (6-5) pitched five scoreless innings to win on his 34th birthday in his first start since May 22.

De La Cruz entered in an 0-for-13 slide and put Cincinnati ahead with a two-run homer off Roddery Muñoz (2-6) in the first inning. He doubled in the fourth and sixth innings and hit a solo homer in the eighth against Shaun Anderson, his 20th home run this season. De La Cruz has three multihomer games, including two this season.

It was the 20th four-extra-base hit game by a Reds player since 1901 and at 22 years, 207 days De La Cruz became the youngest Cincinnati player to accomplish the feat since then.

De La Cruz has a major league-leading 57 steals and joined Hall of Famer Joe Morgan and Eric Davis as the only Reds with 20 homers and 50 stolen bases in a season. De La Cruz has four homers against Miami this year.

Ty France had three hits, including his first homer since he was acquired from Seattle on July 30, and Noelvi Marté also went deep for the Reds.

Martinez, who had been pitching out of the bullpen, allowed four hits, struck out five and walked none in a 70-pitch in outing.

DIAMONDBACKS 7, GUARDIANS 6, 10 INNINGS

CLEVELAND (AP)—Eugenio Suárez singled off All-Star closer Emmanuel Clase in the 10th inning to score automatic runner Corbin Carroll, lifting Arizona to a victory over Cleveland.

The Guardians had forced extra innings on Daniel Schneemann's sacrifice fly in the ninth off Ryan Thompson, which plated Bo Naylor. There were four lead changes and five ties in the wild, interleague matchup.

Ketel Marte and Gabriel Moreno hit back-to-back homers off Logan Allen to start the game, helping the Diamondbacks move within a percentage point of the top National League wild-card spot and win for the 22nd time in 31 games since June 29.

Gold Glove catcher Moreno exited the game with a left groin strain in the second.

Thompson (6-3) allowed one run in one inning for the victory, while Justin Martinez picked up his first save of the season. Clase (4-2) had his eight-inning scoreless streak end with the unearned run.

RED SOX 9, ROYALS 5

KANSAS CITY, Mo. (AP)—James Paxton pitched six solid innings, Masataka Yoshida tied his career high with four of Boston's 18 hits and the Red Sox beat Kansas City.

Boston, which has won four their last five, now trails the Royals by 1 1/2 games for the final American League wild card spot.

Paxton (9-3) allowed two runs on five hits to pick up his first win since being traded to the Red Sox by the Dodgers.

Brady Singer (8-7) allowed four runs on 10 hits in 5 2/3 innings. He allowed at least one hit in every inning.

RANGERS 4, ASTROS 3, 10 INNINGS

ARLINGTON, Texcas (AP)—Josh Smith hit a game-ending two-run homer in the 10th inning to give the Texas a win over Houston, in the opener of the final series this season between the AL West rivals and last two World Series champions.

Smith pulled a 410-foot homer into right-center on a 94 mph fastball from Caleb Ferguson (2-3) with two outs.

That made a winner out of All-Star closer Kirby Yates (4-1), who in the top of the 10th hit consecutive batters with pitches, the first a disputed play, to force in a go-ahead run.

Texas had intentionally walked slugger Yordan Alvarez with one out before Yainer Diaz checked his swing and claimed he was hit on the hand by the pitch. The Rangers challenged when home plate umpire Will Little granted the base, but the call stood on replay review. Yates then hit Jeremy Peña with a pitch to force in a run.

Both starting pitchers, Houston's Hunter Brown and Texas lefty Andrew Heaney, struck out four while giving up only one run over six innings.

TWINS 3, CUBS 0

CHICAGO (AP)—David Festa struck out a career-high nine over five innings, and Minnesota beat the Chicago Cubs.

Minnesota drew within 3 1/2 games of AL Central-leading Cleveland, the closest the Twins have been to first place since before play on May 18.

Making his fifth big league start since his debut on June 27, Festa (2-2) allowed two hits and two walks while throwing 82 pitches, one more the the previous high for the 24-year-old right-hander.

Caleb Thielbar, Jorge Alcala, Jhoan Duran and Griffin Jax finished a four-hitter, with Jax getting three outs for his eighth save in 12 chances.

ATHLETICS 5, WHITESOX 1

OAKLAND, Calif. (AP)—The Chicago White Sox lost their 21st straight game, tying American League record with a 5-1 defeat to Oakland as Max Schuemann hit a tiebreaking, two-run single in the fourth inning.

Chicago is on the longest losing streak since the 1988 Baltimore Orioles lost 21 in a row. The NL record since 1900 is held by the 1961 Philadelphia Phillies, who lost 23 straight.

Tyler Nevin's first-inning sacrifice fly put the A's ahead, but Andrew Benintendi tied the score with an RBI single against JP Sears (9-8) in the fourth.

JJ Bleday doubled in the bottom half off Ky Bush (0-1), a 24-year-old left-hander making his big league debut, Zack Gelof walked and Darell Hernaiz was hit by a pitch, loading the bases. Schuemann grounded a single between shortstop and third that bounced into left for a 3-1 lead.

Lawrence Butler added a sixth-inning homer against Chad Kuhl, his 16th home run this season. Gelof added a run in the eighth when he sprinted home from first when Jared Shuster's pitch bounced away from catcher Korey Lee as Schuemann struck out. Lee looked toward Gelof at third and threw to first baseman Andrew Vaughn for the out, and Gelof ran home as Vaughn's throw skipped past Lee.

Sears allowed three hits in seven innings with five strikeouts and a walk, improving to 5-1 in his last six decisions.

Austin Adams and Tyler Ferguson finished a four-hitter that took just 2 hours, 15 minutes.

DODGERS 5, PHILLIES 3

LOS ANGELES (AP)—Teoscar Hernández hit a tiebreaking, two-run homer in the third inning, Shohei Ohtani went deep in the eighth and the Los Angeles Dodgers beat Philadelphia in a matchup of NL division leaders.

Tyler Glasnow (9-6) struck out nine and gave up three runs and four hits in six innings. The right-hander has notched a career-high 164 strikeouts on the season.

Glasnow retired the side in order four times, including getting Kyle Schwarber, Trea Turner and Bryce Harper on swinging strikeouts in the first.

Harper struck out three times in all as the NL East-leading Phillies lost for the seventh time in eight games after taking a 2-0 lead with two outs in the second.

Freddie Freeman returned to the Dodgers' lineup after missing eight games while tending to his ailing 3-year-old son. He was 1 for 4.

Blue Haus, Win Pacific win debut of Ali'i Inc./Madflex Preseason

By LEIGH GASES
leigh_gases@saipantribune.com
REPORTER

Blue Haus and Win Pacific notched wins in the debut of the Ali'i Inc./Madflex Sports Summer Youth Basketball Tour 2024 Season 1 Preseason Games last Saturday at the Gillette Multipurpose Gymnasium.

The preseason tourney features four Madflex teams—Blue Haus, Hardt Eye Clinic, JTM Corp., and Win Pacific Corp. The next gameday is this Saturday at 2pm.

The first game, Blue Haus versus Hardt Eye, went into overtime and the former ended it in an 83-79 win. The second game between JTM Corp. and Win Pacific was won by Win Pacific, 51-46.

Blue Haus' Dane Tibayan won the Player of the Game Award with his game-leading 18 points and his decisions that proved crucial in the final minutes of the game to bag their first win.

The second game was as intense as the first one. Win Pacific's Webb Alano was the Player of the Game with his floor leadership and game-high 17 points, six rebounds, and two steals.

The event organizers, headed by Dexter Tenorio, founder of Madflex, is also a coach and a FIBA-certified official referee.

In a press release, Tenorio said Madflex Fitness and Sports Club is a non-profit organization that aims to develop young talents, mold good habits, and attitudes, to become productive contributors of the community through health fitness and sports activities, education, and training while driving them away from influences of misdemeanors, smoking, alcohol, and drugs.

Tenorio, a humble father and a formidable basketball player himself, is passionate in health fitness and sports activities, started his club at his own backyard on Jan. 20, 2020 just before the pandemic, training his son Derek and a handful of young kids. His vision has produced a few strong candidates and members of the U16 NMI National Basketball team and with high confidence that these young talented kids will have great success in their chosen fields later in life.

CONTRIBUTED PHOTO
Blue Haus' Ibrahim Ibarola, left of the ball, and Hardt Eye Clinic's Letrell Pelisamen, right of the ball, waits for the jump ball during the opening game of the Ali'i Inc./Madflex Sports Summer Youth Basketball Tour 2024 Season 1 Preseason Games last Saturday at the Gillette Multipurpose Gymnasium.

The four Madflex teams were divided by their trainers and coaches. Madflex trainers and coaches, Michael Surima and Amor Zapata, are all local volunteers providing long hours of free training and mentorship, who in their own rights are locally established skilled players and accomplished coaches.

"We want to extend our gratitude to our sponsors: Our major sponsor Ali'i Inc., Robert Harrell and colleagues are very supportive of our goals and objectives and have been instrumental to our success. Also, we have support from the community, our secondary team sponsors, Blue Haus Inc., Hardt Eye Clinic, JTM Corp., and Win Pacific, who provided entrance fees, players uniforms, and other expenses. Other contributors are Legends Sports Association, Hybrid Shop, and RHF. Thank you also to our table officials and referees. Lastly, thank you *Saipan Tribune* for having us!"

CLARK

From page 16

And his win aboard his 2006 Suzuki LTR450 couldn't have come at a better time as Clark will be moving back to the U.S. mainland at the end of August.

"Moving back to the states at the end of the month. One of my most difficult decisions! Ironically, that was my last race. Retiring from racing, again. My racing career started in Nevada in the '80s with flat-tracking 3-wheelers. Moved to Oregon and it was MX and desert racing from there. I am very fortunate to have raced over 20 years in all the western states and now on this beautiful island."

Before bidding Saipan adieu, Clark thanked MRA and the island's motocross community for the great experience he had the past couple of years.

"I would like to thank all of the racers that do and have helped me get to the starting gate every time. We all help each other because we are one big racing family—only on Saipan! I have raced at many venues during my career, but none come even close to the scenic beauty of Cowtown. It always gives me a special feeling when I drop in to the track and take in the view—brown dirt, green trees, blue water. Priceless!"

Clark said he always knew of Saipan and have been planning on retiring on the tropical island for 20 years and fortunately he did, albeit for a short time.

"I arrived on Saipan two years ago and haven't stopped sweating! I absolutely love it here, so peaceful. I like living in peace. All kinds of outdoor activities are such a bonus. I started doing the bike races here and really enjoy it. So, looks like I'm not really retiring from racing, just changing disciplines. And with moving to Reno/Tahoe area, can't wait to ride on."

Clark added that the past two years on this little dot in the middle of the Pacific with its warm people will be etched in his memory forever.

"Undoubtedly, for me, Saipan's greatest resource are its people. I have never had so many friends. Friends that I can kind of call family. I am leaving a better person because of it and will be back for sure. And all the events put on killer banquets!"

In the Mini ATV, Anella Igitol was the lone racer after her lone competitor didn't finish. She gobbled all 50 points.

Results of the other classes will be published in the next issue of *Saipan Tribune*.

ANN

From page 16

"So many participants gave up during the race and were eliminated due to the cut-off time. Before the 80-kilometer mark, I talked with my running buddies and enjoyed listening to music while running. But after 80 kilometer I only thought that I wanted to finish this race as soon as possible because of my energy exhaustion. The easiest and most memorable part was running and walking with many other runners all night without sleeping. It was a unique and fun experience [I will never forget] in my entire life!"

Bang was part of the 178 finishers out of the 282 entrants to the Seopyeong Ultramarathon 100K—a completion rate of 63%.

With the slogan "From Seoul to Pyongyang," the 3rd Annual Seopyeong Ultramarathon 100K was held in Imjingak, Paju-si, Gyeonggi-do Province. It is located approximately 56 kilometers from Seoul and 7 kilometers from the DMZ. Bang said Imjingak is an important part of Korean history because Korea is the only divided nation in the world.

Now that she's completed the longest run in her, Bang was a bit nostalgic about her running journey.

"When I started running, I never thought that I would be a marathoner. But as I enjoy running, I want to run more distance because I prefer long-distance running to sprinting. I love long-distance running while absorbing in meditation. I would like to share my accomplishments with my family and friends!"

After enduring severe blisters all over her feet and toes and pain from the friction from her shoes by running nearly 17 hours straight, Bang said the 3rd Annual Seopyeong Ultramarathon may just be her first and last 100K.

"Right now, I need to take a rest and take care of my wounds rather than celebrate. While I was running, I realized that a full-course marathon and 50K running are proper for me without damage to my body. I really want to enjoy running, but I think I can't enjoy running 100K," she said.

GREAT

From page 16

ation," she said. "They encouraged each other even though we had difficulties during the game. The biggest factor was our mindset—we didn't give up until the end—so that was what made us lead the penalty kicks."

The NMI kicked all five PKs past Guam's keeper Josiah Jones. Dev Bachani secured the first PK, followed by captain Daniell Pablo, then Anthony Bergancia, Markus Toves, then the final tie-breaking goal by Andrew Sablan, for a perfect five PKs made to secure the title.

Meanwhile, the NMI's keeper Mark Chavez and the tourney's most valuable player, put a stop to Guam's offense with a decisive save from an attempt by Micah Elwell. Guam went on to score just four out of five PKs by captain Shuntaro Suzuki, Landon Diaz, Nicholas Moore and Curtis Harmon.

"Each one of them tried to do their best and to play their role for the team, and having a lot of local people witness our football development is always really important for us to grow more," said Suzuki. "Throughout the tourney, that atmosphere made us stronger and united."

Even as the rain poured last Sunday, the fans and supporters stuck it out with the team and cheered them on.

This tourney was preparation for the team's upcoming matches in the AFC U20 Asian Cup 2025 Qualifiers in Kuwait between Sept. 21 and 29. "We also considered how we would play in the AFC tournament, so we were able to try some team concepts in the Marianas Cup," said Suzuki.

With that, "playing against Guam, which is our rival country before the AFC U20 tourney meant a lot for us. We really appreciate this opportunity and a lot of the people behind the scenes."

"I really appreciate a lot of the spectators, supporters, fans, and the people behind the scenes. Their cheers were so meaningful to us and that made us feel that we can't lose in front of them," she said. "I was able to focus on coaching this time because of everyone's effort and involvement in the tournament. So, I thank each and everyone who had a hand in the victory."

By defending the title, she said it means a lot. "I've been a coach for nearly a year but before myself, a lot of coaches and players have been involved in this program. So, I really believe we have a good program, and by defending this title, we were able to prove that we are doing things right and continuously developing and continuously improving. I really appreciate Jerry [Tan] for trusting the longterm vision and program. He trusts the program, the coaches, the players, and the staff… And also, if we were able to inspire some younger players, that is really appreciated."

In last year's Marianas Cup, the NMI men's U23 team clinched the title over Guam after they won with an aggregate score of 3-1 over two games. Guam took Game 1, 1-0, but the NMI won big, 3-0, in Game 2 for its first Marianas Cup men's title since its debut in 2007.

TRIBUNE SPORTS SCORES

MLB STANDINGS

AMERICAN LEAGUE

East Division	W	L	Pct	GB
Baltimore	67	46	.593	–
New York	67	46	.593	–
Boston	60	51	.541	6
Tampa Bay	57	54	.514	9
Toronto	51	61	.455	15½
Central Division				
Cleveland	67	45	.598	–
Minnesota	63	48	.568	3½
Kansas City	63	51	.553	5
Detroit	53	60	.469	14½
Chicago	27	88	.235	41½
West Division				
Seattle	59	54	.522	–
Houston	57	55	.509	1½
Texas	54	59	.478	5
Los Angeles	49	63	.438	9½
Oakland	47	67	.412	12½

NATIONAL LEAGUE

East Division				
Philadelphia	66	46	.589	–
Atlanta	60	51	.541	5½
New York	59	53	.527	7
Washington	51	62	.451	15½
Miami	42	71	.372	24½
Central Division				
Milwaukee	62	49	.559	–
Pittsburgh	56	55	.505	6
St. Louis	57	56	.504	6
Cincinnati	54	58	.482	8½
Chicago	55	60	.478	9
West Division				
Los Angeles	66	47	.584	–
Arizona	61	52	.540	5
San Diego	61	52	.540	5
San Francisco	57	57	.500	9½
Colorado	41	72	.363	25

BY THE ASSOCIATED PRESS

Biles closes out with her 11th career medal—a silver in floor exercise

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Sports

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Ann completes first 100K ultra marathon

CONTRIBUTED PHOTO

Ann Bang poses at the finish line of the 3rd Annual Seopyeong Ultramarathon 100K last Saturday.

By MARK RABAGO
mark_rabago@saipantribune.com
EDITOR

Run Saipan stalwart Ann Bang made her first—and probably last—100K ultra marathon after surviving the 3rd Annual Seopyeong Ultramarathon 100K last Saturday in her native South Korea.

"The race was very tough for beginners who tried to run 100K the first time! The weather was especially terrible and cruel! The temperature was 97 degrees Fahrenheit and and the wind chill was over 104 degrees Fahrenheit. It was super humid and burning hot without wind, so it was not easy to breathe."

Bang, who finished with a time of 16:44:23—barely making it to the cutoff time of 17 hours—said the hardest part of the 100K race was the severe weather conditions.

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CONTRIBUTED PHOTO

Ann Bang gives a thumbs up in the early part of the grueling 100-kilometer ultra marathon in her native South Korea.

'Great job by NMI team over rival Guam'

LEIGH GASES

NMI Men's U20 National Team player Markus Toves leaps for a header to defend their goal during a push by Guam at their net in the first half of their last match in the Marianas Football Cup 2024 last Sunday at the NMI Soccer Training Center in Koblerville.

By LEIGH GASES
leigh_gases@saipantribune.com
REPORTER

After the final showdown of the Marianas Football Cup 2024 under the rain last Sunday at the NMI Soccer Training Center in Koblerville, NMI Men's U20 National Team head coach Konomi Suzuki said that the team did a "great job" over rival Guam.

Suzuki, who's been a coach with the Northern Mariana Islands Football Association for nearly a year, praised the team for their 2-0 win in Game 1 last Saturday and their epic penalty kick shootout win, 5-4, in Game 2, last Sunday.

With their championship, Suzuki said, "I understood how important the Marianas Cup was for this community and throughout the tourney, the players and the coaches did a very great job for the [NMI]."

She said the team's performance was overall "very good," although they need to improve some points technically, physically, and also tactically.

In the first game, she said the team did really well, but in the second game, the Guam team came back stronger. "The team's performance in the second game was not so effective but the players overcame the situ-

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LEIGH GASES

NMI Men's U20 National Team head coach Konomi Suzuki, right, watches the game unfold against Guam on the sidelines during the first half of the Marianas Football Cup 2024 last Sunday at the NMI Soccer Training Center in Koblerville.

Clark wins Big Boy ATV in swan song

JANIY MOHAMMED

Greg Clark in action in the Big Boy ATV Class of last Sunday's 2024 "MOTO IV" Points Race Series at the Cowtown Race Park in Marpi.

By MARK RABAGO
mark_rabago@saipantribune.com
EDITOR

Greg Clark made his finale in the Marianas Racing Association circuit count after topping the Big Boy ATV Class of last Sunday's 2024 "MOTO IV" Points Race Series at the Cowtown Race Park in Marpi.

In the penultimate race of the division this season, the 60-year-old won the first heat before finishing second on Heat 2 for 47 points. He edged Christian "Hollywood" Camacho, who came in third on Heat 1 before turning on the afterburners in the second heat for 45 points. Henry Camacho Sr. completed the Top 3 with 42 points.

"The track was in great racing shape. Tacky and technical from the rain made for some fantastic races. Focus and skill were pushed to the limits for the racers. Racer's luck was on my side, it does happen. Only a mechanical issue from Hollywood gave me the overall. I've been trying to beat him straight up for the past year. Can't do it. He is too fast and doesn't wear down," said Clark about Sunday's race.

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